As this edition of Reflections goes to print, 8/3, 8/5 & 8/6 will be on the second Year 8 camp. The first camp comprising of 8/1, 8/2 & 8/4, enjoyed three days of fun filled activities. Some of the activities they undertook included walking a section of the Rail Trail (canyons walk), a lecture on Tourism and Recreation at the Bright Visitor's Centre, visiting Nightingale Brothers Apple Orchard, orientation games, archery, a workshop on appreciating each other's gifts and talents, gold panning, Mass with Fr. Peter Ferwerda, Red Faces, a Disco, trout fishing, sampling at Bright Berry farm and visiting the Red Stag Deer & Emu Farm.

The annual Year 8 camps, which are based in Harrietville at Feathertop Chalet are an excellent way of developing a real sense of community and belonging within the Junior School. A spirit of friendship and co-operation was displayed by students when participating in all activities and the positive behavior of students demonstrated maturity and good manners.

Continued page 4
Dear Parents and Guardians,

The rollout of laptop computers has now entered its second week. Thank you to the parents and students from Years 7 & 9 who attended one of the compulsory briefing sessions that have been set for each Year level. To date, we have issued over 300 laptops to the students in these two year levels. In the weeks ahead, we will be issuing the Year 8, 10, 11 & 12 students with their laptops. I look forward to seeing the parents at one of the three evening briefings provided each week by the College over the five weeks of the rollout.

It has been very exciting to see the faces of the students (and their parents, for that matter), as they receive their machines. Meanwhile, the teaching staff are undergoing ongoing professional development and further training in the use of the laptops, especially in regards to how they can be used as an effective tool for engaging our students even further in the process of their learning. This, of course, is the bottom line that underscores the decision to issue the laptops to each individual student: enhancement of their learning both at school and at home.

Congratulations
Congratulations to the Galen senior debating team which has won its way through to the Grand Final of the Rotary debating competition. The team has progressed through each round and its semi-final undefeated: a terrific performance.

Well done, also, to the Galen swimming squad which took out first place in the Hume region interschool swimming competition. Another terrific performance by Galen students.

More detailed reports on both events are included elsewhere in the newsletter.

Reminder about 15 March
Tuesday 15 March is a pupil-free day for Galen Catholic College because, as previously notified, all the teaching staff, and indeed a number of our non-teaching staff, will be visiting schools across Victoria to look at examples of best practice in the areas of learning and teaching programs, pastoral care programs, students management programs and organizational structure.

It is a major decision for a school to declare a pupil-free day, and to do so requires that the benefit to the school is significant. We certainly appreciate that the impact on families can vary: for some, having the children at home for an extra day is not a problem, but for others it can cause difficulty for a variety of reasons. The benefit to the school – and, therefore, to the learning and education of our students / your children – is that the findings from this day of mass visits will be fed into an existing process of decision-making about how Galen moves forward in its quest for continuous improvement.

All staff members will be reporting back to the whole staff on what they investigated at the school they visited. From there, the data will be processed by a combination of groups within the college – Leadership Team, Board, Curriculum Committee, Coordinators, etc. – after which decisions will be made around any potential changes / innovations / modifications to be adopted.

As parents, you will be kept informed of this process and will be invited to participate directly in it at a later stage. Our timeframe for making any major decisions coming from this process is that we make any broad decisions by the start of third term.

Board vacancies
Many thanks for the parents who have nominated for the three parent vacancies on the Galen Board as announced in the previous newsletter. The nominations for the vacant parent positions on the Board are (in alphabetical order): Cameron Butler, John Byrne, Suellen Loki, Jo Ryan, Mark Williams. Further information on each candidate will be included in the next newsletter along with a voting form and voting instructions. The votes for candidates are due to the college office by 4.00pm on Thursday 7 April. Please wait for the official voting slip in the next newsletter before casting your vote: only votes on the official voting slip will be counted.

To contact the newsletter editor, email reflections@galen.vic.edu.au or telephone 5721 6322 during school hours.
Student Exchange: Italia

Steph Harris, Anna Vivian, Claire Luxford, Phoebe Morgan, Mikaela Vaughan, Lucy Walch and Rebecca Davis

In November 2010, seven year 11 students decided to give Italians the best Christmas present they could ask for – we graced them with our Aussie presence.

We invaded Italy spreading from Bologna to Trento and Florence to Padova. During our trip we attempted to attend school in Italy. We were all extremely happy with our host families and by the look of the tears at the airport, they were fond of us also.

We were fortunate enough to visit many famous cities; Venice, Florence, Milan, Pisa, Lucca, Rome and even Paris! Christmas was interesting; some had white Christmas’s and others full nine course meals, Mamma Mia!

New Years went off with a bang, filled with Disco dancing and of course, la Belana! To conclude our trip we travelled as a group to Rome, escorted by the magnificent Diego (a BEC representative).

Together we did cultural activities such as visiting il Vaticano and of course il Colosseo. Then finally, shopping and gelato in the afternoon.

Unfortunately the time came to board our flight home but we hope that sooner rather than later we will return to the magnificent country that gave us the experience of a lifetime!

Debating Team in Grand Final

Well done to the Galen College Debating Team who last week won the semi-final in Albury! The team now goes through to the Grand Final which will be held in Wangaratta on March 19. The topic will be ‘That nuclear power for Australia is inevitable’ - and the Galen team will be arguing the negative.

Youth Council Nominations Now Open

This year young people aged between 14 and 18 need to nominate themselves and put down a referee. The council are hoping for an overwhelming response.

For a nomination form (or just to find out more) please contact Katy Hawkins Community/Youth Development Officer Rural City of Wangaratta on (03) 5722 0819 / 0438 362 984 or email: youthcouncil@wangaratta.vic.gov.au. Nominations close Friday 8th April.

Share the Dream

In conjunction with the Australian Catholic Bishop Conference, the Melbourne Archdiocese is hosting Share the Dream, the Third National Catholic Family Gathering.

Featuring international and local speakers, practical workshops, music, prayer, a children’s program and concurrent youth conference, Share the Dream offers something for every member of the family. The event is on 15-17 April 2011 at Xavier College, Kew. To find out more or register, visit our website: www.sharethedream.org.au or contact the Life, Marriage and Family Office on (03) 9287 5576.
Junior School News

Patrick Arcuri, Junior School Director

From page 1

The camps would not be possible if it were not for the goodwill and hard work of the following staff. A huge thank you to:

**Camp 1:** Miss. Marisa Cudini, Miss. Gretta Norden, Miss. Claudia Bellani, Mr. Zac Fullford, Mr. Terry Magree, Mrs. Kylie Fulford, and Mrs. Nicole Nixon.

**Camp 2:** Mr. Anthony Holligan, Mr. Peter Hill, Mr. Harvey Corish, Mrs. Deirdre Turner, Mr Stephen Rosicka, Mr Darren Hovey and Mrs. Rachel Froude.

Special thanks to Miss Vicky Bennett, Miss Brianna Shutt and Mr. Michael Clark (Junior School Officers) for attending both camps and leading several activities.

I would also like to acknowledge the support given by our Deputy Principal - Director of Religious Education, Mr. Paul Maher for organising the mass and attending both camps, Fr. Peter Ferwerda and Fr. Peter Taylor for celebrating mass with the students, our Galen Pathways Centre Coordinator Mrs. Nicole Nixon for supporting our students, Mr. Peter Hill for educating the students on the apple industry at Nightingale Brothers Apple Orchards and the fantastic Wangaratta Coachlines bus drivers.

Finally I would also like to thank and congratulate our Year 8 Coordinator Miss Jessica Clarke for the ongoing support has given throughout the camps.

Additionally, it has been great to see so many Junior School students enthusiastically embrace not only their academic studies, but also get involved in the myriad of extra-curricular activities offered at Galen. Already 33 Year 7s have signed up for the Junior Concert Band; many have auditioned for parts in the Junior Production; others are involved in the Maths Extension Program, the Homework Support Group, Caritas Fundraising and the NEDSSSA Swimming and Cricket teams.

The first inter-homeroom tennis competition was a huge success, with overall winner of the Year 7 competition being the 7/2 team. The next inter-homeroom competition will include a spelling bee and a volleyball competition.

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**Ash Wednesday**

9/03/2011

Left: Emma McDonald, Molly Holmes and Tayla Ward
Right: Zac Carton lighting the Ash Wednesday candle

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**Adventurers Wanted: Mittagundi Camp**

Applications are now open for Year 9 or 10 students to attend a Mittagundi Camp in 2011.

Galen has had a long association with Mittagundi and many of our students have experienced the rewards of the Introductory Nine Day Camp and follow-up camps.

For more info and bookings go to the website www.mittagundi.org.au or see Ian Minns at school.

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**Saint Joseph’s College and Champagnat College Uniforms**

Joan Ellis

This year, in an exciting move at Galen, the school is beginning an archives department. At the moment we are looking for any uniform items from St. Joseph’s College, which was the secondary convent school run by the Brigidine sisters here in Wangaratta.

Perhaps you know someone who has a hat, blazer, sports tunic, badge etc. that is tucked away in the cupboard? We plan to build a complete girl’s uniform for display purposes, to aid students’ learning about the school’s heritage and for use on occasions such as Founders Day. The donor’s name and years at school can be recorded.

Currently the school has some items of the Champagnat College uniform (the original Catholic boys’ college) but if you have any items to add to the collection, they too would be appreciated.

A third collection will be of the original brown and cream Galen College uniforms that were worn in the 70’s, 80’s and 90’s when St. Joseph’s and Champagnat amalgamated to form Galen College. Again, any boys or girls uniform items would be appreciated!

If you or someone you know would like to discuss this further please contact Joan Ellis at the college on 57216322 or email your details to joan.ellis@galen.vic.edu.au.

Galen Catholic College @ www.galen.vic.edu.au

Photos from top: The girls in the group starting from left Meheret Hill, Amanda Umanski, Olivia Diramacca, Samantha Pond, Amber DelliCastelli, Grace DelliCastelli. Nick Oates, Mr Arcuri, Hayden Dettman, Reiley Murtagh. Neil McQuade with his fish!
Volunteering with Interchange has many Benefits: children and young people with a disability and their families. Interchange’s Recreational programs for children and young people with a disability, and their families.

Interchange is a community based, not for profit program that provides support to volunteers assist one child or a small group of young people and facilitate their participation in activities. Trained Interchange Staff attend and supervise activities.

Volunteering with Interchange has many Benefits:
- References and experience for jobs and tertiary courses
- A career in recreation, disability, teaching or childcare
- An opportunity to develop and use your leadership skills
- Opportunities for meeting people
- Developing new skills
- Experiencing fun opportunities

Interchange Wodonga and Wangaratta
ECHUCA CAMP April 2011
12-14 April 2011
April Camp will be 3 days of activities and fun, held in Echuca at the Billabong Ranch. Horse riding, rock climbing, paddle boats and more...

School Holiday Program Activity Days
11th, 13th, 18th & 20th April
Swimming, Ned Kelly Outing, YMCA Sports Day and much, much more...
If you would like to Volunteer or for more information please contact Cathy Prior 02 6057 8410 / 0417 243 155 / cprior@umfc.com.au

Parentline: 13 22 89
A telephone counseling, information and referral service available to all Victorian parents and carers who have children up to the age of 18 years.
Provided by the Victorian Department of Education and Early Childhood Services.

For any wellbeing concerns contact Therese or Neville on 03 5721 6322.
Careers News from Rob Walker

When Choosing a career a good starting point is to answer the following questions:

- What are my interests?
- What am I good at?
- What do I value?

Think about: What do I enjoy doing with my spare time? What are my hobbies? What subjects do I enjoy most at school? In which subjects do I obtain the best results? Which subjects seem the most relevant to my life? Do I value making lots of money? Do I value assisting others? Am I a creative person? Am I fascinated by science? Do I enjoy studying? Try to answer questions such as these and you will be on your way to coming up with suitable career ideas.

Find out if you need an ATAR. The Australian Tertiary Admission Rank is an overall measure of how well a student has performed in VCE studies. The ATAR (previously known as ENTER) is calculated solely for the use of tertiary institutions to compare overall achievement of students and select students for courses. You will receive an ATAR after satisfying requirements of the VCE and having study scores for an English and at least three other studies.

Wondering if you need to do further study after finishing school? It depends on what you want! If you want to obtain a degree it will usually involve at least three years at University. This is required for some careers like law, medicine, architecture, nursing, engineering or teaching. Other careers like childcare, hospitality, building design or massage therapy require a TAFE qualification like a diploma or certificate. Apprenticeships and traineeships involve on-the-job and off-the-job training, such as for plumbing, carpentry, veterinary nursing and office administration. Sometimes the off-the-job training is provided by TAFE, sometimes by private providers.

To be considered for some courses you may need to sit the UMAT. The term UMAT stands for Undergraduate Medical and Health Science Admissions Test. To find out whether you need to sit the UMAT, check the following website regularly: [http://umat.acer.edu.au](http://umat.acer.edu.au). Companies such as Med Entry and National Institute of Education run fee for service preparation programs up until the UMAT in July 2011. Contact them at info@MedEntry.edu.au and enquiries@nic.edu.au respectively.

‘GET REAL!’ Experience School Holiday Programs: Engineering: If you are in years 10 – 12 and are passionate about Science and Engineering, you have the opportunity to attend a ‘Get Real Experience School Holiday Program’ at RMIT in your area of interest. You can register for any of the following: Environmental Science and Engineering (field work included), Electrical and Computer Engineering, Aerospace, Mechanical and Manufacturing Engineering, Computing and Information Technology. For event dates and to register for program updates, please visit [www.rmit.edu.au/seg/experience](http://www.rmit.edu.au/seg/experience). Contact Clare Russell at 03 9925 3699, clare.russell@rmit.edu.au.

University of Tasmania (UTAS): Check out the Uni through the Youtube clip “UTAS – a day in the life of a student”. Clips about accommodation options, the Law School and general information are also available on the University's YouTube channel [www.youtube.com/user/UniversityOfTasmania](http://www.youtube.com/user/UniversityOfTasmania). Check out new and expanded courses you can visit this link [www.courses.utas.edu.au](http://www.courses.utas.edu.au).

A Career in Hairdressing: Pivot Point is a private college in Melbourne which offers the following courses: Certificate II in Hairdressing (introductory course), Certificate III in Hairdressing (become a qualified hairdresser), Certificate IV in Hairdressing (become a senior stylist) and Diploma of Hairdressing (become a salon manager). Students can articulate into selected degree level courses once they complete the Diploma. For more information, contact the College on 03 9670 1200, [www.pivot-point.edu.au](http://www.pivot-point.edu.au).

Careers Expos: If you want to obtain careers information from a large variety of sources, Careers Expos are a great way to go. Several are coming up soon:

- The National Careers & Employment Expo is Fri 25 Sat 26 Mar at the Melbourne Convention Exhibition Centre
- The ‘Age’ VCE and Careers Expo 2011 is Fri 6 – Sun 8 May at Caulfield Racecourse, Station St, Caulfield
- The Eastland Future Options Careers Expo is at 6-8pm, Tues 2 Aug at Eastland SC

A Career working in a Zoo: The Werribee Open Range Zoo Career Workshops will give you an insight into what a job working with Zoo animals actually entails and you will be able to talk with employees. Dates in April are 13, 15, 20 (program repeated each day). Cost is $42, you will need to bring morning tea and lunch. To book, call 03 9285 9406 (Zoos Victoria Sales Team). For more info go to [www.zoo.org.au](http://www.zoo.org.au).

Host Families Needed

Franco Cudini, LOTE Coordinator

Galen now has a student exchange policy and it will soon be available on the school’s site. There are many exchange agencies recruiting host families via advertisements in the media and also approaching schools for placements. However, the reality is that each school, depending on its resources, will have its own limitations on the number of places that it can make available. For 2011, Galen has made available approx 10 short term (8/10 weeks) places for exchange students. These places have already been allocated to exchange agencies and individual requests from Galen parents.

We are asking any family who may be thinking of hosting an overseas student to register their interest by calling the school office (not responding to advertisements or approaches by private agencies and then approaching the school). In order to avoid disappointment, we ask parents not to commit to hosting an exchange student without consulting with the school first. Parents are encouraged to be part of the Galen College Host Family Register. Please contact me for more information.

Would you like to host a student from ITALY?

ITALIAN STUDENTS
2 Month: 28 June - 23 August 2011
3 Month: 28 June - 20 Sept 2011
Students attend school and stay with Australian families. Email Franco.Cudini@galen.vic.edu.au or phone 5721 6322 for a host family application form and details about the students.

Would you like to host a student from FRANCE?

FRENCH STUDENTS
2 Month: 8 July - 28 August 2011
1.5 Month: 17 July - 28 August 2011
Students attend school and stay with Australian families. Email Franco.Cudini@galen.vic.edu.au or phone 5721 6322 for a host family application form and details about the students.
Age Group Champions

Congratulations to the following students who each won the title of Champion for their age group at the Galen Swimming Carnival held on 22nd February.

U/13 Male: Harrison Clarebrough
Female: Elli Warren

U/14 Male: Xavier Ham
Female: Sarah Hynes

U/15 Male: Jackson Clarke
Female: Eliza Ham

U/16 Male: Adam Evans
Female: Louisa Watter

U/17 Male: Michael Naughtin
Female: Fiona Campbell

U/20 Male: Harrison Callahan
Female: Grace Harmer

Senior Boys Cricket

Well done to the Senior Boys Cricket team and coach Brian Carr who last week had a victory against Wangaratta High School! The team has now progressed to the Hume stage.

Upper Hume Swimming Success

Last Tuesday the Galen Upper Hume swimming team went to Albury and had a very successful day. Some of the high points were:

- Galen was the overall winner for the day!
- Eliza Ham was the 15yr female age group champion.
- Record for Eliza Ham in the 50m freestyle, 50m backstroke & 400m open freestyle.
- Record for Jacob Grogan in the 50m breaststroke.
- Record for Galen in the 15yr female 4x50m relay.

Our River Experience

Hazel Vaughan

Last Monday Mr Minns’ Year 10 Outdoor Ed class set out for their overnight Murray River trip. The group met at the Outdoor Ed shed just after lunch with the canoes on the trailer and excitement in our hearts.

Once we got to the river Mr Minns and Mrs Morrow gave us a few safety tips and then we were off. After a few hours of paddling, a lot of laughs and a few dozen water fights, we finally made it to our campsite with plenty of sunlight. We set up camp and started a fire in preparation for our dinners, some of which looked much more appetizing than others! We enjoyed our time around the Campfire talking about our earliest memories, our best holiday destinations and our future aspirations.

The next day, after a long, mosquito filled night, we all packed up camp and set off down the river again. Day two of our trip was great fun, our skills and confidence were riding high! Capsizes were kept to a minimum on Day 2, although some people fell in the water just to cool down. We had a few races, saw lots of wildlife and enjoyed listening and learning about the ‘Canoe Tree’ (see Photograph). We paddled for an hour or so after lunch and in no time were in Bundalong to be met by the bus.

Thanks to Mr Minns for the organisation of the trip and Mrs Morrow for coming along. We are sure that the next group going on Wednesday and Thursday will also enjoy their time canoeing down the Murray River.

Go Georgie

Last Saturday Year 9 student Georgie Goodear represented Galen at the Victorian State Rowing Title. Georgie had an extremely successful day, taking home the Year 9 Single Skull State Title for the second year in a row! She won this event by an outstanding 150 metres!

Next week Georgie will compete again in the VSSSA and then on the weekend will represent Galen in the Victorian Head of School Girls in front of 30,000 people. Good luck Georgie!
Our Year 12 Retreat

We had barely been back at school a couple of days, when the much anticipated Year Twelve retreats rolled around. After a rather winding trip through mountainous terrain (a big shout out to the bus driver for his phenomenal driving skills) we arrived safely at the picturesque location of Howman’s Gap.

Upon arrival we were greeted by the friendly staff of the facilities and given a warning not to feed the resident dog as it was currently battling weight issues. During the two nights we spent together as a group on retreat, an abundance of memories were created, ones that we will never forget. From the extreme pressure that can arise from a single game of Jenga, to the remarkable acts that were witnessed during the Red Faces night, there was very rarely a dull moment.

The camp gave us the opportunity to connect with various classmates with whom we might not usually spend time with. We left with a valuable sense of perspective and clarity as we excitedly begin our final year schooling. On behalf of the VCE class of 2011, I would like to genuinely thank all of the teachers who went out of their way to make our year 12 retreats truly worthwhile experiences.

Who’s Who at Galen...

**Leadership Team**
- Bernard Neal: Principal
- Geoff Welch: Deputy Principal—Staff & Students
- Darren Hovey: Deputy Principal – Teaching & Learning
- Paul Maher: Deputy Principal – Catholic Identity
- Dom Giannone: Business Manager
- Bern Albertson: Professional Development Co-ordinator
- Paul Carson: Senior School Director
- Keith Willett: Middle School Director
- Pat Arcuri: Junior School Director
- Marlene Kittel: Staff member
- Gary Watson: Timetable/Daily Organiser

**Parents Association Executive**
- Meg Paino: President
- Ailsa Box: Treasurer
- Di Crockett: Secretary

**School Board**
- Monsignor John White: Parish Priest
- Tony Lane: President
- Bernard Neal: Principal
- Geoff Welch: Deputy Principal - Staff & Students
- Max Fletcher: CEO Sandhurst Representative
- Cameron Butler: Parent and Community seat holder
- John Byrne: Parent
- Joanne Ryan: Parent
- Angie Semmens: Parent
- Mick Grogan: Teaching Staff
- Terry Magree: Teaching Staff
- John Pasztor: Teaching Staff
- Paul Walker: Teaching Staff