Our New Hospitality Centre

Galen’s major building project for 2013 is now complete! The new Hospitality centre is part of a four school consortium including Sacred Heart College Yarrawonga, Borinya Community Partnership, FCJ College Benalla, and Galen Catholic College. The centre features a fully functional commercial kitchen and dining area equipped with cafe facilities. Hospitality teacher Marlene Kittel says she is extremely proud of the new venue as Galen is now a hub for VET Hospitality in the North East Region.

Library News - Author Visits

Scot Gardner is coming to talk to the Year 9’s in two weeks. “Scot wasn’t born reading and writing; in fact he left school in Year 11 to do an apprenticeship in gardening with the local council. He has worked as a waiter, masseur, delivery truck driver, home dad, counsellor and musician. He’s also licensed to handle explosives and venomous snakes!” - from Nexus Arts.

Scot has written many novels for all age groups since his first book, One Dead Seagull, in 2001. His novel, The Dead I Know, won the 2012 CBC Book of the Year Award for Older Readers. The Year 9’s are studying this book as their English text this year. Scot presents a unique perspective on life and loves working with secondary school students through his high impact presentations and workshops.

VCAL News

Congratulations to the Year 11 VCAL students for their enormous effort last week for Shrove Tuesday. Students were busy cooking and selling pancakes and demonstrated great teamwork, consistent effort and a high level of organization, which resulted in a very successful day. The only issue they had was not being able to match supply with demand. Pancakes were selling faster than they could be cooked. A huge thank you must also be extended to staff members Michelle Mayer, Jody Heath, Darren Hovey, Lyndel Petersen, Wendy Chuck, Rebecca Hernandez and Nicole Nixon for their part in assisting the students. The total amount raised for the day was $832.45 which will go towards Caritas Project Compassion.

Books

- The Dead I Know, Allen & Unwin, 2011
- Happy as Larry, Allen & Unwin, 2010
- Bookmark Days, Allen & Unwin, 2009
- Gravity, Pan 2006
- The Legend of Kevin the Plumber, Pan 2005
- The Other Madonna, Pan 2003
- Burning Eddy, Pan 2003
- White Ute Dreaming, Pan 2002
- One Dead Seagull, Pan 2001

Other

- Kid’s Night In (contributor), Penguin 2003
- The Lost King, Raupo, 2010
- The Detachable Boy, Allen & Unwin, 2008
- One Wheel Drive, Reed New Zealand, 2007
- Kite Dude, Pearson, 2004
What's On

- Thurs Feb 21 - School Photos
- Fri Feb 22 - Lenten Visitor
- Fri Feb 22 - Senior Cricket
- Tues Feb 26 - Opening Mass
- Tues Feb 26 - Timor Pizza Night
- Wed Feb 27-Mar 1: Year 8 Camp 1
- Wed Feb 27-Mar 1: 11&12 O.Ed Torquay
- Thurs Feb 28 - Yr 9 Author
- Thurs Feb 28 - Upper Hume Swimming
- Fri Mar 1 - Yr 9 Author
- Mon Mar 4-5: Yr 11 DECA Camp 1
- Mon Mar 4-6: Year 8 Camp 2
- Mon Mar 4-5: Discovery Bushwalk
- Wed Mar 6-7: Yr 11 DECA Camp 2
- Thurs Mar 7 - Year 7 Author
- Thurs Mar 7-8: Discovery Bushwalk
- Fri Mar 8 - Year 7 Author
- Mon Mar 11 - Labour Day
- Tues Mar 12-13: Yr 11 DECA Camp 3
- Tues Mar 12-13: Discovery Bushwalk
- Tues Mar 12 - Hume Swimming
- Thurs Mar 14-15: Yr 11 DECA Camp 4
- Thurs Mar 14-15: Discovery Bushwalk
- Thurs Mar 14 - 7,9,10 Injections
- Mon Mar 18-19: Yr 11 DECA Camp 5
- Mon Mar 18 - Cricket 9/10 BG, 7BG, 8BG, 9G Super 8
- Wed Mar 20-21: Yr 11 DECA Camp 6
- Wed Mar 20 - 9/10 Volleyball, 9/10 & Senior Tennis
- Tues Mar 26 - Athletics Sports
- Wed Mar 27 - Vic Swimming
- Wed Mar 27 - Caritas K’s Walkathon
- Wed Mar 27 - Parent Teacher Evening
- Thurs Mar 28 - Parent Teacher Morning
- Fri Mar 29 - Good Friday
- Sun Mar 31 - Easter Sunday

The latest ‘What’s On’ is also updated daily on the Galen website homepage.
www.galen.vic.edu.au

EMA Reminder

Dear Parents, please ensure that you check the Education Maintenance Allowance (EMA) forms which can be accessed from the following link:

If you need a hard copy of these forms they may be obtained from the office at Galen.

Uniform Shop

Opening Hours
Tuesday: 10.30am - 2.30pm
Thursday: 1.00pm - 5.00pm
Direct Line: 03 5723 8320
uniform.shop@galen.vic.edu.au

Junior School News
Lauren Lee - Junior School Director

We would like to thank all of the parents who were able to attend the Year 7 open afternoon last week. It was fantastic to see so many of you there and we were glad to hear that your students are settling in well. Please remember that we are happy to hear from you if you have any concerns or if you have any positives that we should be aware of.

Parents of Year 8 students should have received a note from their students on Monday regarding the change to Year 8 camps. Unfortunately due to the possible threat of bushfire we have decided that it is best to cancel the Harrietville camp and make alternate arrangements for something different later in the year. As more information comes to hand we will make sure it is passed on to students and parents. If you did not receive the letter mentioned above you will be able to access it via a link on our school website.

SunSmart at Galen

During Terms 1 and 4 all students at Galen are required to wear the designated blue uniform hat during recess and lunchtime. Caps are not part of this policy. This is in accordance with the national Sunsmart policy which aims to limit the harmful health effects of the Sun’s UV rays. At this time of the year, the intensity of these rays and related dangers are very high. Please encourage your child to wear their hat. Galen will do likewise. Students without a hat will be asked to sit in the shade. We do not wish this policy to be the basis of subsequent discipline action – we would rather focus on cooperation, education and the future health of our students. Sunglasses are also recommended and the use of sunscreen, which is available at school, should also be used for any outdoor activity.

Words from Wellbeing

Welcome back to another year. May 2013 bring you health in abundance, focus and community awareness.

There may be times when you and your family have an issue that is impacting on your schooling, which needs sensitive and confidential attention. It might be a health, family or personal problem. Either way, at Galen College we have Wellbeing Counsellors who can provide professional support to you. This can be an alternative to the Homeroom teacher or Year Level Coordinator, who would generally be the people you first approach about school concerns.

The Wellbeing Team is headed by Mr Geoff Welch, and includes our most approachable Counsellor and Social Worker Therese Rodway who works full time, the contracted services of Mr Neville Webster (Registered Psychologist) for two half days each week and we welcome Kirsty Woods (Psychology Teacher) for two days each week.

We welcome new families and returning families for the year ahead.

Meditation Monday

If you’d like to learn how to meditate, Wellbeing at Galen is offering students the opportunity to learn this valuable skill through 20 minute meditation and relaxation sessions every Monday. Sessions will start next Monday (25th February).

Sessions will take place in the Galen Auditorium at 1:15pm. All are welcome to attend! Please see Therese in wellbeing for more info!
Therese.Rodway@galen.vic.edu.au
St. Patricks Race Day

St. Patricks Race Club, in conjunction with the Wangaratta Harness Club, Race Meeting on Sunday March 10th 4pm - 10pm

GALEN VOLUNTEERS NEEDED

Galen will be manning the Hot Food Kiosk on the night. We require Volunteers for: serving the public and cooking (deep Fryers). We are also asking for two people with take away food or kitchen experience to co-ordinate the running of the Kiosk on the night (all ordering is done by the committee).

Last year Galen Parents Association made $2,200 from working at this event so please put your hand up and volunteer this year!

Please respond to Parents Assoc. President, Allison King on: uniform.shop@galen.vic.edu.au or 0413 561 586

Our Lady’s Fun Fair

Sunday March 3rd 10.00am to 2.00pm
White Street Wangaratta
Food, Drinks, Ducky Drop, Spinning Wheel, Side-Show Alley and much more!
Auction 11.30am

Experience Mittagundi

Mittagundi Outdoor Education is happy to be working with Galen in 2013 and would like to announce its dates for upcoming courses. All students (14+) are welcome to make a booking for a Mittagundi program in 2013. Cows are hand milked and dinner is prepared and cooked by students on wood fired stoves. During the 10 day program, pack horses (Clydesdale) hike alongside the students to the property, which is on the other side of Falls Creek. Students will then spend time on the farm, in the local area, undertake activities including abseiling and rafting before hiking back over the high plains. For more information on how you can register for a Mittagundi program, please e-mail Sarah Yeates: info@mittagundi.org.au You can also visit our website at: www.mittagundi.org.au

Piano Tuition for 2013

Piano tuition is available for students wishing to learn piano, or continue their studies at school during school hours. Programs are offered in Grade examinations and playing for leisure. For information regarding lessons please phone Margaret Warner on 5727 3204

Senior School News
Mick Grogan - Senior School Director

Year 12 students began the year formally at the Wangaratta Performing Arts Centre, with their annual VCE Jumper and Award Presentation evening last Wednesday.

Brendan Sydes, principal solicitor with the Environment Defenders Office (Victoria), a community legal centre specialising in environmental law and a former Galen student, as special guest speaker delivered an engaging speech. He impressed upon the students the importance of persistent hard work, the challenge of juggling many interests and the value of prioritizing these during the year and to appreciate the wonderfully fertile and nourishing community that Galen College provides. He also emphasised that the majority of people across the world still don’t access education.

Students were encouraged to focus on the importance of supporting one another on their journey throughout the year.

Prior to the presentation of the jumpers, the VCE academic awards for 2012 were presented, including Dux for 2012, Lara Seeger.

Additionally two other students were recognized for their achievements. Ruth Luxford and Ben Seager received awards from Latrobe University for academic performance and contribution to the school community.

Principal Bernard Neal, in his speech, observed a sense of optimism within this year’s group and a determination to make their mark and to work collaboratively.

College Captains for 2013, were also officially announced. Successful candidates Bridie Naughtin and Andrew Mair were both very pleased and proud to be given the opportunity to represent Galen as student leaders this year.

The start to the year has been terrific. Students have been keen to embrace their studies and participated enthusiastically in the retreats held last week.

Year 12 VCAL have elected Jedd Sirianni to be a leader and he will join Andrew Mair, Bridie Naughtin, Jonathon Panozo, Tess Rowland, Zoe Levesque, Michael Raleigh, and Nick Dellicastelli to form the student leadership group for Year 12.


Laurie Burt and the Senior School Executive are looking forward to working with this team of enthusiastic students.

Shortly Year 11 students will be receiving details about the upcoming Driver Education Camp conducted in Shepparton. It is important that the forms associated with this activity are completed and returned to school promptly please.

Above: Year 12 students, Chiara Benedetti, Nicklaus Dellcastelli and Harrison Berenger proudly display their new 2013 Year 12 Jumpers.
This year the Year 12 Retreat was held at Howman’s Gap Alpine Centre, up in the mountains above Mount Beauty. The week was divided into two retreat groups, involving 140 students and 25 teachers throughout the week. It is a very important part of the Year 12 program and a huge logistical undertaking that allows the students to connect with who they are and who they hope to be in the future. It also allows teachers and students to connect with each other and deepen relationships.

Our belief at Galen is that we are inspired to be Christ-like in all that we do for and with all our students at Galen Catholic College. This mission of the teachers at Galen was truly lived out last week at Howman’s Gap. We had the pleasure and privilege of watching your children shine. They lived out Galen’s Graduate Outcomes as skills for life that we hope every child can develop and take with them into the world when they graduate from Galen.

Have a dynamic faith
The students, with the guidance of Father Eugene and the teachers, created the liturgies and the participated fully in the celebration the Mass.

Develop and sustain loving relationships
They shared their family story but more importantly were there for each other to listen and learn from each person’s life story.

Be life-long learners
They were open to learn from the teacher’s stories and see that life is the most challenging, exciting and interesting journey for anyone.

I write this article with the intention of informing parents and students in Year 9 of a number of changes to the Year 9 Camps and Outdoor Education Program.

For the past 20 years all Year 9 students at Galen have participated in a number of Outdoor Education activities including: An overnight bushwalk, a downhill ski day, an adventure camp that includes abseiling, caving, rockclimbing, canoeing and an environmental walk.

For many years this program was always viewed by Galen staff and students as being very successful, however, in recent years due to the costs of some of the different activities and the difficulties with coping with larger numbers of students we have decided to make some changes to the Year 9 camps program. These changes have only been implemented after considerable thought and discussion amongst those staff responsible for the Year 9 Camps Program. In 2013 all Year 9 students will be expected to participate in the following activities:

• Overnight Bushwalk – This (two day, overnight) bushwalk will take place on the Discovery side of Year 9 and will be conducted in the Warby Ranges.

• Adventure Camp – This is a three day camp conducted at Mount Buffalo where students camp at Lake Catani in a ‘base camp’ format. During this camp students will participate in abseiling, caving, rockclimbing, canoeing and an environmental walk. Students will attend this camp on the mainstream side of Year 9.

• Domain Based Immersion Activities. These will be an addition to the Year 9 program and will require students to attend and participate in activities and excursions directly connected to different domains of study. These activities will be one day activities conducted during school hours. An example of a Domain Based Immersion Activity could be a field trip related to the topic of early European settlement and students would attend an activity based day at Echuca exploring the pioneer settlement.

For the first time in many years at Galen we will not be conducting the downhill ski trip. In recent times this activity has been hugely problematic to organize with the result that we have had postponements, cancellations and a growing awareness that offering a downhill ski day to every student in Year 9 is not reasonably possible.

Consequently we have made a decision to replace the ski day with the Domain Based Immersion Activities mentioned earlier in this article.

The proposed dates for each of the Year 9 camps for 2013 are as follows:

Semester 1
• Adventure Camp: 9.5, 9.6 and 9.7 April 29th to May 3rd.
• Bushwalks:
  - 9/3 March Monday 4th & Tuesday 5th
  - 9/4 March Thursday 7th & Friday 8th
  - 9/1 March Tuesday 12th & Wednesday 13th
  - 9/2 March Thursday 14th & Friday 15th

Domain Based Immersion Activities: (Dates and content to be confirmed) There will be one Domain Based Immersion Activity on either side of Year 9 (Discovery and Mainstream) which means two DBIA’s per year for each student to replace the downhill ski day.

Semester 2
• Bushwalk dates to be finalised.

Students and parents are invited to respond to this information by contacting Keith Willett at school via e-mail or phone.

        Keith.Willett@galen.vic.edu.au
The Social Justice Group at Galen College is a group of students who voluntarily meet once a fortnight to discuss, plan and act upon justice issues in our school and community. All students are welcome from Years 7 – 12. Meetings are advertised on SIMON and via email to regular participants. As per usual, the group have an exciting few months ahead:

- **Soup Van: Once a month**, students attend the St Vincent de Paul’s Matthew Talbot Soup Van in Melbourne and help to feed the needy. Students leave in the afternoon and share a meal together in Melbourne, before assisting Vinnies Volunteers to make soup and sandwiches and then to distribute these throughout the inner CBD in Melbourne. This program has been successfully running for many years and we are proud to have a positive association with the Volunteers in Melbourne. All of the positions have been filled, which is indicative of the enthusiasm demonstrated by our students and teachers.

- **Volunteering at Illoura**. Illoura is the home for the elderly across the road from us in College St. Currently we have a large list of students wishing to be involved in this program. Students must get a form from Mrs Petersen to fill out and must be willing to commit to this for the whole year. More information on the new timetabling situation for Illoura will be available next week.

- **Relay for Life**. The students from the Social Justice Group have committed to creating a team to support Relay for Life this year. The team is called: The Justice League and the students have created their own super hero characters for the theme. As the year progresses, more information about fundraising activities concerning this event will be distributed.

- **Oak Tree Road Trip**. The Oak Tree Foundation is a group of young volunteers committed to Social Justice. This year, the students in Social Justice will have a unique opportunity to participate in workshops that will assist them with creating awareness of issues in the world. These are issues directly related to the Millennium Development goals concerning poverty, global health, global education and sustainability. The workshops are designed to create a deeper awareness of these issues so that students may feel better equipped and informed when dealing with information surrounding these, and more able to confidently spread the word in the community.

- **FIRE Carriers**. Friends In Reconciliation and Education (FIRE) Carriers are students who take on the role of positively promoting Indigenous issues and relationships within our school community. They may read the Acknowledgment of Land or organise awareness in the school. We will be having an induction for new FIRE carriers at a date to be confirmed during the semester.

- **Caritas Just Leadership Days and Camps**. Throughout the year, students will have the opportunity to participate in Leadership Days run by Caritas for Years 7 & 8 or Camps for Years 9 & 10.

- **Immersion Experiences** – Santa Teresa and Timor-Leste. Students in Years 10 – 12 have the opportunity to apply for these experiences. Currently all applications for Santa Teresa have closed with interviews to be held over the next couple of weeks. Students who are visiting Timor-Leste in April are vigorously fundraising for this community, currently.

Throughout the year, students will have opportunities to share their passions about a variety of issues with the school and wider community. Please keep an eye out for these events. One of the fundamental messages of Jesus Christ is to love our neighbour. Christ ministered to the marginalised. We strive to give our students the skills to do the same. For any questions about any of the above programs, or for any other Social Justice queries, please do not hesitate to contact me via email: lyndel.petersen@galen.vic.edu.au

Yours In Justice,

Lyndel Petersen - Social Justice Coordinator

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**Social Justice Group News**

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**Want to learn how to assist young people experiencing mental health problems?**

**The 2nd edition of the Youth Mental Health First Aid COURSE IS NOW AVAILABLE**

This 14-hour Youth Mental Health First Aid course teaches first aid skills for adult members of the public to give initial help to adolescents experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.

**Where:** GOTAFE Docker Street, Wangaratta VIC 3677

**When:** 27/02/2013 - 28/02/2013 (9am - 5pm)

**Instructor(s):** Michelle Robins & Michael Loscavo

**Cost:** 169.55

If you’re interested in attending this 14-hour Youth MHFA course, please see contact details below:

**Contact Details:** Michelle Robins 03 5833 2590

**www.mhfa.com.au**

- Depression • Anxiety • Psychosis • Substance Misuse • Eating Disorders • Adolescent Development •
- Suicidal Thoughts & Behaviours • Non-suicidal Self-Injury • Panic Attacks • Aggression •
FOCUS ON EARLY INFORMATION SESSIONS FOR TAFE AND UNIVERSITY

It’s never too early to start considering your future career directions. Making decisions about what you would like to study after school can be both stressful and exciting. Many students often feel lost about what they would like to study and many feel like they don’t know where to start!

There are so many things to consider:
• Complete Year 12 or leave early?
• TAFE or university?
• Have a gap year? Go straight into further study?
• Can I afford to move away if I can’t study locally?

For students and their families who haven’t been to a university or TAFE information session, there are even more questions:
• How can I study a course I am interested in?
• How do I choose between several courses across several institutions?
• How much will my course cost?
• How do I find out about scholarships?
• What if I don’t get the ATAR I need?
• What is university and TAFE actually like?

These decisions can be difficult to make, and then you have the added pressure of focusing on your studies and other commitments like sport and employment.

Not only can it be tough for students, but also for parents!
• Where do we access information?
• How do we best support our child?
• How can we afford the costs associated with further study?
• Will Youth Allowance and HECS-HELP be available?

It is a great idea to attend information sessions run by tertiary institutions. Many run focus days and information seminars throughout the year, and all run Open Days in August.

By attending information sessions—you and your family will be able to do the following:
• Speak directly to current students and lecturers and hear from them about the courses you are interested in
• Look around the campus and get a feel for the culture of the institution (i.e., does it have a modern or traditional feel? Do you think it would be easy to meet people? Would you prefer to study at a small or a large campus?)
• Learn about scholarships, course costs, government fee assistance, global exchange and government fee assistance, global exchange and)
• Ask about alternative pathway programs available as a back up in case you don’t get the ATAR you need for your course
• Attend workshops and sessions on the courses you are interested in and compare facilities and students services between institutions.

Attending information sessions will assist you in setting new career goals or firming up ideas you already have. Having a course or courses in mind can also assist you in feeling more motivated to work hard at school.

VOCATIONAL AND HIGHER EDUCATION NEWS

Applying for Medicine/ Dentistry/ Oral Health/ Optometry/ Physiotherapy?

If you are applying for any of these health science courses, you may need to sit the Undergraduate Medical Admissions Test (UMAT). This is a three-part test that you sit in July and selected universities use your UMAT score as part of the selection process, in conjunction with your ATAR and in some cases an interview.

You will be tested on the following—logical reasoning and problem solving, understanding people and non verbal reasoning. You will only have one chance to sit the UMAT this year and the test will be held Wednesday 31 July. You must register online by 5pm 7 June

It is important that you start to prepare for the test early. There are several universities who offer commercial preparation programs - www.nie.edu.au/ and www.medentry.edu.au/ are examples. It is important to note that the universities who use the UMAT do not endorse any of these companies and you will receive free preparation materials once you register for the UMAT (you can register from early April).

Please go to http://umat.acer.edu.au/ for more information about the UMAT and to see if you have to sit the test.

Pre Apprenticeships: If you are interested in pursuing an apprenticeship pathway and are unsure about continuing on at school this year, you may want to enroll in a pre apprenticeship contact your local TAFE institution to ask about the programs they have available. You can undertake work placements in areas such as bricklaying, building, plumbing, electrical, automotive, community services, beauty etc.

Dual enrolment at Flinders University: Flinders in South Australia has a huge range of interesting courses. From next year, they in partnership with TAFE SA will be accepting dual enrolments, where you are accepted into TAFE and the University at the same time and you can gain a dual qualification. For more information, http://www.flinders.edu.au/future-students/how-to-apply/undergraduate-study-applications/tafe/dual-offers/

In Year 12 and worried you don’t have the right prerequisites? MBIT have just announced that from 2014, you will be able to study their Diploma of Science with a free foundation unit in chemistry and their Diploma of Engineering with free physics and advanced maths foundation units to enable you to study engineering at university level. MBIT provides a direct pathway to many undergraduate degrees at Deakin University with credit: http://www.mbit.vic.edu.au/ New Regional Health Hub at Deakin, Geelong: If you are considering studying any of the following courses at Deakin Geelong, please check out their amazing Regional Health Hub called Reach-Vision Sciences/Optometry, Exercise and Sport Science and Nutrition Science. For more information, http://www.deakin.edu.au/health/medicine/optometry/reach.php

Interested in Film and Television? Find out about Deakin University’s Bachelor program http://www.youtube.com/watch?v=g6J1l1LpbFw

International Science School (ISS) – 2013 Program: Students in Years 11 and 12 can apply for the 2013 ISS, Nanoscience: Small Wonders, Big Future two-week program. You will live on campus at the University of Sydney for two weeks and attend lectures by top international and Australian nanoscience experts. The program runs between 30 June – 13 July and applications close 21 February. You can also apply for a scholarship. Visit the ISS website www.physics.usyd.edu.au/foundation/iss/iss_2013/index.shtml

UPCOMING EVENTS

International Science School (ISS) – 2013 Program: Students in Years 11 and 12 can apply for the 2013 ISS, Nanoscience: Small Wonders, Big Future two-week program. You will live on campus at the University of Sydney for two weeks and attend lectures by top international and Australian nanoscience experts. The program runs between 30 June – 13 July and applications close 21 February. You can also apply for a scholarship. Visit the ISS website www.physics.usyd.edu.au/foundation/iss/iss_2013/index.shtml

At Monash Seminar Series: Dates for March are as follows

• 5: Arts (Social, Sciences and Humanities)
• 6: Architecture and Interior Architecture
• 7: Nursing, Midwifery & Emergency Health
• 13: Business & Economics
• 14: Science
• 19: Physiotherapy & Occupational Therapy
• 20: Information Technology
• 21: Pharmacy & Pharmaceutical Sciences

For more information and to register, www.monash.edu.au/study/life/student/seminars/

MARCH EVENTS

• Meet Melbourne University, for the closet event, http://futurestudents.unimelb.edu.au/explore/events/victoria_and_intestate/victoria/
• MyDay Charles Sturt University Events, for a list of course areas covered and dates, http://www.csu.edu.au/go/myday/
• At Monash Seminar Series, for a list of events, www.monash.edu.au/study/life/student/seminars/
**Italian Tuition**

Would you like to improve your Italian skills?

Hannah Fursdon is offering Italian tuition for interested students. Hannah completed her VCE in 2009 and having travelled in Italy, she is a fluent Italian speaker. If you are an interested student, please phone Hannah on: 0421 201 705 or email: h.fursdon@hotmail.com

**Sport Star of the Year Award Criteria**

The Sport Star of the Year Award is given to a male and female student at each year level at the completion of each year. This article is to ensure that all students who wish to be eligible for the award are aware of the criteria used to select recipients. A record of each sport, and the level reached, is kept for each student. The Sport Co-ordinator and the staff members involved in the sport teams then analyse this list according to the following criteria:

1. Participation in school sport – Students had to have been involved in the school swimming and athletics sports in some capacity, whether it be participant or helper.
2. The range of sports played
3. Level of ability in the sports they played
4. Leadership and sportsmanship qualities

If there is any student who wishes to be eligible for the Sport Star of the Year Award, but who feels they are not a strong enough swimmer to compete in an individual event or a relay, they can contact the Sport Co-ordinator, Carly Bilke, to arrange to help out at the swimming sports night for a short amount of time.

**Saturday Morning Netball - Coming Soon**

**SATURDAY MORNING NETBALL BEGINS APRIL 20TH**

All teams and registrations need to be finalised by Thursday 14th March. If students are interested in playing netball under the GALEN NETBALL banner, they need to write names on the sheets in the JUNIOR LIBRARY. We will help to organise your teams, provide you with bibs and balls and attend meetings in your name.

A meeting will be called later in the month where we will establish teams, give out registration forms and other information. Girls will be required to return these forms and pay the registration to Galen College by March 14th. We will then look after the registration of teams with WNA. The cost this year of registration is $75 for a player. Players need to think about organising fees, teams and umpires.

**The history behind Galen’s sport house names**

**MACKILLOP:** Mackillop: On January 15, 1842 Mary MacKillop was born of Scottish parents, Alexander MacKillop and Flora MacDonald in Fitzroy, Victoria. Mary was the eldest of eight children and well educated by her father. However, because he lacked a sound business sense the family was often without a home and relied on the generosity of relatives and friends.

From the age of sixteen, Mary earned her living and greatly supported her family, as a governess, as a clerk and as a teacher at the Portland school. While acting as a governess to her uncle's children at Penola, Mary met Father Julian Tenison Woods who needed help in the religious education of children in the outback. At the time Mary's family depended on her income so she was not free to follow her dream. However, in 1866, greatly inspired and encouraged by Father Woods, Mary opened the first Saint Joseph's School in a disused stable in Penola.

Young women came to join Mary, and so the Congregation of the Sisters of St Joseph was begun. In 1867, Mary was asked by Bishop Shiel to come to Adelaide to start a school. From there, the Sisters spread, in groups to small outback settlements and large cities around Australia, New Zealand, and now in Peru, Brazil and refugee camps of Uganda and Thailand. 'Mary' also opened Orphanages, Providences to care for the homeless and destitute both young and old, and Refuges for ex-prisoners and ex-prostitutes who wished to make a fresh start in life.

Throughout her life, Mary met with opposition from people outside the Church and even from some of those within it. In the most difficult of times she consistently refused to attack those who wrongly accused her and undermined her work, but continued in the way she believed God was calling her and was always ready to forgive those who wronged her. Throughout her life Mary suffered ill health. She died on August 8, 1909 in the convent in Mount Street, North Sydney. This great Australian woman inspired many to dedicate themselves to God's work in the then new colonies. In today's world, she stands as an example of great courage and trust' in the love of God. St. Mary of the Cross Mackillop was canonized on Oct. 17, 2010 to become Australia's first saint.
Student Leadership at Galen

Throughout last year the respective Directors of each mini school along with Mr. Laurie Burt (Student Leadership) engaged in a series of discussions with the objective of making a number of changes in relation to Student Leadership at Galen College. The outcomes to these discussions are outlined as follows:

- Renaming SRC representatives to ‘Student Leaders’.
- Deputy positions will no longer exist in the Junior School and the Middle School. (They have never existed in the Senior School) This decision was made on the basis that in the past deputy SRC Reps had very little input into the SRC. Instead of having SRC deputies the new model will have an increased number of student leaders at each respective year level and mini school.
- The number of student leaders at each year level will be appointed at the discretion of each mini school executive. Factors such as the number of homerooms at each year level and the number of nominations from the student body to be a student leader will influence the final number of student leaders at each year level.
- Following a nomination process, elections amongst the student body will be the only way that student leaders are appointed.

It is important to recognize that the major motivation for the above changes is that we are trying to provide more leadership opportunities for more students. Student leadership will continue to be an evolving ‘work in progress’ at Galen and we welcome any comments or suggestions from both parents and students in relation to student leadership at our school.

Keith Willett - Email: Keith.Willett@galen.vic.edu.au

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Who’s Who at Galen

Leadership Team
- Bernard Neal: Principal
- Geoff Welch: Deputy Principal—Staff & Students
- Darren Hovey: Deputy Principal – Teaching & Learning
- Gerard Sullivan: Deputy Principal – Catholic Identity
- Dom Giannone: Business Manager
- Bern Albertson: Professional Development Co-ordinator
- Anthony Batters: Daily Organiser
- Mick Grogan: Senior School Director
- Keith Willett: Middle School Director
- Lauren Lee: Junior School Director

School Board
- Monsignor John White: Parish Priest
- Tony Lane: Board Chair
- Bernard Neal: Principal
- Geoff Welch: Deputy Principal - Staff & Students
- Max Fletcher: CEO Sandhurst Representative
- Cameron Butler: Community Representative
- John Byrne: Parent
- Suellen Loki: Parent
- Angie Semmens: Parent
- Mark Williams: Parent
- Darren Hovey: Staff Representative
- Mick Grogan: Staff Representative
- Elizabeth Holligan: Staff Representative
- John Pasztor: Staff Representative

Parents Association Executive
- Allison King: President
- Di Crockett: Treasurer
- Angie Semmens: Secretary

The best way to contact Galen staff members direct is by email. All staff have email addresses which follow the formula: firstname.surname@galen.vic.edu.au

Members of the Board and Parents Association can be contacted via the office on 03 5721 6322 or email: admin@galen.vic.edu.au

Project Compassion & Caritas K’s

Project Compassion is the Lenten Fundraising project organised by Caritas Australia every year. Schools and parishes will be endeavouring to raise as much money as possible to support the wonderful programs generated by this Catholic agency. Homerooms will be conducting small fundraisers in their class during Lent. In solidarity and support of Project Compassion, the school’s annual event, Caritas Ks will be conducted on Wednesday, March 27th. Caritas Ks is a walkathon event that is conducted by the VCAL students. All students are required to participate. A booklet to collect sponsors and money will be distributed to every student. These booklets are legal documents and it is imperative that they are accounted for. Please encourage your child to collect sponsors and / or donations. All money goes directly to Caritas. The booklets will be collected, along with money, at the end of the term. Even if your child collects no money, the book will need to be returned to the school.

For more information about Caritas Australia and their programs, please visit www.caritas.org.au

VCE Fundraiser

Wanted! Any old mobile phones.
Please drop them at the School Office before Thursday, March 7th.
Funds raised will go towards the construction of the Year 11 & 12 Coffee and Food area.
Thank you, Galen Parents Association.

Newsletter enquiries can be emailed directly to the Publications & Promotions Officer: malcolm.webster@galen.vic.edu.au

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