**Wow what a night!** The Anything Goes Talent show successfully showcased the talents of students at Galen to an almost full house at the WPAC last Tuesday night.

The 23 acts were judged by a panel of volunteers with extensive knowledge of the performing arts including, Scott Solimo, Bart Walsh, Shelly Jays, Tanya Singh and our own Matt Rispin. Hosted by Bridgette Byrne, Ben Leith, Ben Seagar and Mick Raleigh, four charismatic MC’s from our Year 12 cohort, the night was well received by the audience and deemed to be highly entertaining. Some comments about the evening include:

“Awesome!” (Mick Raleigh Yr 12 student and MC on the night)

“I was so surprised to see how much talent Galen had, all the performances were really high quality and entertaining” (Bridie Naughtin Yr 12 student and performer on the night)

“The hardest thing about judging ‘Anything Goes’ was the outrageously high standard of EVERY act. Right from the opening the scores were high. We felt overwhelmingly that each and everyone who performed ‘won’ on the night. Congratulations.” (Matt Rispin, staff member and judge on the evening)

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The award winners for the Anything Goes Talent Show were:

**For Music:**
- Encouragement Award: Chloe Hancock
- Overall winner: Olivia Cartledge

**For Dance:**
- Encouragement Award: Tiahna Bannerman and Alyssa Holligan
- Overall winner: Elena Sewell-Dolphin

**Adjudicators Award:** Billie Taylor.

We wish to thank everyone who supported this event, and hope to be reporting soon on the money raised to enable a school to be built in Timor Leste. We also wish to thank the generous sponsorship of Think Print, Wangaratta Dance and John Iwanuch.

We look forward to the Galen Talent show becoming part of the Galen tradition, and we anticipate another outstanding show next year.

Written by Kirsty Woods
What’s On

Mon April 15 - Term 2 Starts
- Mon Apr 22-23: Yr 10 OutEd Bushwalk
- Wed Apr 24 - ANZAC Assembly
- Thur Apr 25 - ANZAC Day Holiday
- Mon Apr 29-30: Yr 8 Author visit
- Mon Apr 29-May 1: Yr 9 Adv Camp 1
- Mon Apr 29-30: Yr 10 OutEd Bushwalk
- Wed May 1-3: Yr 9 Adv Camp 2
- Tue May 2-4: High School Musical
- Tue May 2 - Galen Board AGM
- Sat May 4 - Presentation Ball 1
- Mon May 6 - Yr 8 Village Space
- Tue May 7-8: Yr 10 Author visit
- Wed May 8 - Yr 7 (2014) Info Night
- Thu May 9-10: Yr 7 (2014) Tours
- Sat May 11 - Presentation Ball 2
- Mon May 13-14: Yr 7 (2014) Tours
- Tue May 14,15,16: NAPLAN
- Tue May 14 - Yr 11 Author
- Wed May 15 - Yr 12 RE Discovery Day
- Wed May 15 - Yr 11 OES Bike
- Thu May 16 - Injections: 7 B/G, 9 Boys
- Thu May 16 - Yr 11 OES Bike
- Mon May 27 - Catholic Education Week
- Mon May 27 - Yr 10 OES Bike
- Tue June 4-6: Yr 10 Exams
- Thu June 6 - Yr 7 Kyabram
- Thu June 6 - Yr 11 Exams
- Fri June 7 -Correction Day - Student Free
- Mon June 10 - Queen’s Birthday
- Tue June 11-14: Yr 10 Work Experience
- Tue June 11-14: Yr 11 Exams
- Thu June 13 - Yr 7 Kyabram
- Fri June 14 - Yr 10 Careers Info Day
- Mon June 17 - Report Writing Day
- Tue June 18 - VCE: Semester 2
- Wed June 26 - Yr 9 ‘Circus Oz’

For the latest ‘What’s On’ visit:
www.galen.vic.edu.au

From the Principal

Dear Parents and Guardians,

Galen Catholic College School Board is seeking expressions of interest from parents who wish to serve on the Board or perhaps on one of the Board sub-committees. There is a list of the Board sub-committees provided below.

You will be aware that the constitution of the Board was significantly revised last year and the new constitution will be ratified at the Annual General Meeting on 2nd May. The new constitution provides for increased number of parents on the school Board. Another significant change is that new Board members will be appointed following an “expression of interest” process rather than the previous election and voluntary voting arrangement.

This will herald a change in the governance arrangements of the college and it becomes more important that we continue to have a broad representation of committed parents on the Board.

Although the timing is co-incidental, the Sandhurst Catholic Education Office has recently released a new strategy aimed at increasing the parent leadership and family engagement across all schools in the diocese. Further information will be provided on this separately. However future action coming out of this strategy will be enhanced by the changes in governance arrangements occurring at Galen Catholic College at present.

If you are interested in lodging an expression of interest in becoming a Board member, or in joining one of the Board sub-committees, please contact my Personal Assistant, Mrs Tess Barnard, by one of the following means:
- Email: principal@galen.vic.edu.au
- Phone: 5721 6322

Tess will then forward you an information pack that will explain the process of appointment as a member of the Board and provide some background to the Board itself.

Board sub-committees:
- Catholic Identity  • Leadership            • Stewardship of Resources
- Pastoral Wellbeing • Learning & Teaching

Bernard Neal  Tony Lane
Principal   Board Chair

As well as the important information calling for expressions of interest from parents who are interested in joining the school Board, I would like to acknowledge two outstanding Galen events that have occurred in the past week.

The first is the inaugural Galen Talent Show, “Anything Goes”, held in the WPAC last Tuesday evening. Congratulations to the students who made up the 23 musical and dance items, to the four Year 12 MC’s – Ben, Michael, Brigid and Ben – and to the prime organisers, Mrs Kirsty Woods, Mrs Helen Faithfull, Mrs Julie Nolan and Mr David Ashfield. This was truly an event to remember with the quality of the performances having to be seen to be believed: the production values, the quality of singing and dancing, the level of planning and execution were excellent.

The second event of note was the Galen Athletics Carnival, held on Tuesday 26th March. There was an excellent level of involvement from the students, and, like the Talent Show, a huge effort in planning and organization from staff, this time led by Ms Carly Bilke.

It is no wonder that we keep repeating the catch-phrase “Proud to be Galen”.

May you enjoy a happy, reflective and holy Easter time.

Best wishes,

Bernard Neal
Principal

Top Tweets

The Butterfly Foundation @Bfoundation tweeted:
@GalenCatholic Thank you for having us!
It’s great to reach young people; giving them skills, encouraging peer support
#positive #bodyimage

Follow us: @galencatholic

Uniform Shop

Opening Hours
- Tuesday: 10.30am - 2.30pm
- Thursday: 1.00pm - 5.00pm
Direct Line: 03 5723 8320
uniform.shop@galen.vic.edu.au
Small Business Ventures

This term the Year 11 Business Management class were required to plan, organise and evaluate a small business venture. The students worked in small groups and created a business plan which included marketing, finance, and operations. Each group presented their initial idea to a member of the College Executive before commencing. Ideas ranged from a downball competition for senior students, a car wash for staff, to selling ice-cream, cupcakes, spiders and sausages. The groups were able to nominate a charity to donate their profits to, and over five-hundred dollars was raised by the class for various charities. The project was a great way for our students to demonstrate their communication, decision-making and creativity. Every group was different in their approach but each was a success in its own way. Congratulations to the class and thank you to parents and friends who have supported the project.

Anthony Batters
Business Management Teacher

Butterfly Foundation visits Galen

Galen College students from Years 8-12 had the opportunity to listen to Emma Manks from The Butterfly Foundation last Thursday. The Butterfly Foundation is an Australian organization that supports Australians with Eating Disorders. The focus of Emma's presentation looked at body image, and ways that we can feel positive about who we are as unique individuals. Emma’s presentation also honed in on the power of the media and how we need to re-evaluate our perception of the unrealistic images that are presented to us in advertising and the media. While it’s a widely known fact that advertising images directed towards females are often entirely unrealistic, media messages directed toward men are just as equally unattainable. Emma revealed instances of excessive ‘Photoshopping’ to students and staff through real-life before and after photographs and footage. One example of these was the well known ‘Dove Evolution’ commercial. Others issues were explored such as the negative impact social media networks such as facebook and instagram can have on our self-esteem and body image.

Some simple tips to improve self-esteem include:
• Don’t compare the way you look to anyone else
• Be kind to yourself... AND your friends
• Remember that people on TV and in magazines don’t really look like that
• Focus on the part of yourself that you like
• Don’t try to be someone else
• You are much more than the way you look

For further information visit: http://thebutterflyfoundation.org.au
SUPPORT LINE: 1800 33 4673

Or contact the North East Eating Disorders Support Group (NEEDS) which meets on the 3rd Wednesday of each month at 7.30 at Café Martini. Contact Judy on 0407 854 134

Year 9/10 Cricket 20/20 Match

On Monday 18th March, the Year 9/10’s from Galen went to Wareena Park, Wangaratta to play a T/20 game against Marian College Myrtleford. The day went off without a hitch with Galen winning with 8/123 to St. Mary’s 8/58. The team consisted of the following students: Blake Nixon, Matt Wilson, Corey Van Aken, Jack Wilson, Luke Whitten, Sam Shanley, Nick Cox, Jack Ryan, Ashley O’Leary, Lachlan Busk, Jake Biddulph, Riley Carter, Nick Richards, Cam Fendyk and Darcy Laffy. The co-captains for Galen were Blake Nixon and Corey Van Aken. The team manager was Jack Wilson.

St. Mary’s batted first and the Galen bowlers gave the St. Mary’s batsmen trouble with Jack Ryan getting 3/2 from his 2 overs. Lachie Busk also bowled with pace and accuracy. Blake Nixon kept beautifully behind the stumps and at the end of their twenty overs Marian had scored 8/58.

With a low run chase, Galen set off with getting the total before the 10 overs mark with Corey Van Aken and Matt Wilson chasing down the total. Wilson in particular was savage on the Marian bowlers bowling one magnificent six amongst the Black Ducks swimming in 15 Mile Creek. The result of this was of course six runs but also one lost cricket ball! The last 10 overs saw the Galen batsmen share the honours with Darcy Laffy and Luke Whitten playing some solid cricket shots.

We are off to the finals now to see if we win the championship on the 8th October. Thank you to Mr Willet and Ms Blke for organizing the teams and the day generally.

This report was compiled Jack Wilson - 10.5
9 weeks has certainly passed swiftly this term. For those new families you may be starting to feel quite settled into the Galen routine. For some of you these consecutive schooling years bring your child closer to their personal goals, growth and maturity. Holy week brings us to quiet reflection. We remember the last 40 days of the lenten cycle, the trials, tribulations and growth that comes with this sacred time of our tradition. Chatting to Geoff Welch this week he was telling me about the special time he has with his family over Easter. How they all come together on Good Friday and go somewhere to picnic. No frills, respecting the solemnity of the day, but honouring the family. Geoff’s son-in-law looks forward to this time, the ‘being’ together, in the country, and enjoying the beauty of the North East, and getting away from the rat race! The Welch family amongst others will come together in many ways and traditions over Easter. As you enter into Easter, and holy week, may you as a family have a chance to wind down, take a break from your normal activities, and reflect on the importance of Easter. May this special time he has with his family over Easter. How they all come together in many ways and traditions over Easter. As you enter into Easter, and holy week, may you as a family have a chance to wind down, take a break from normal activities, and reflect on the importance of Easter. May this time give your family a focus and direction for the year.

HAPPY EASTER!

Above: Students supporting their house colours at the Galen Athletics Sports. Check the next issue of Reflections for the full Athletics report and results.

Leadership Team
- Bernard Neal: Principal
- Geoff Welch: Deputy Principal—Staff & Students
- Darren Hovey: Deputy Principal—Teaching & Learning
- Gerard Sullivan: Deputy Principal – Catholic Identity
- Dom Giannone: Business Manager
- Bern Albertson: Professional Development Co-ordinator
- Anthony Batters: Daily Organiser
- Mick Grogan: Senior School Director
- Keith Willett: Middle School Director
- Lauren Lee: Junior School Director

The best way to contact Galen staff members direct is by email. All staff have email addresses which follow the formula: firstname.surname@galen.vic.edu.au

Members of the Board and Parents Association can be contacted via the office on 03 5721 6322 or email: admin-enquiry@galen.vic.edu.au

School Board
- Monsignor John White: Parish Priest
- Tony Lane: Board Chair
- Bernard Neal: Principal
- Geoff Welch: Deputy Principal - Staff & Students
- Max Fletcher: CEO Sandhurst Representative
- Cameron Butler: Community Representative
- John Byrne: Parent
- Suellen Loki: Parent
- Angie Semmens: Parent
- Mark Williams: Parent
- Darren Hovey: Staff Representative
- Mick Grogan: Staff Representative
- Elizabeth Holligan: Staff Representative
- John Pasztor: Staff Representative

Parents Association Executive
- Allison King: President
- Di Crockett: Treasurer
- Angie Semmens: Secretary

Who’s Who at Galen

360 ALLSTARS reinvents the traditional circus in a phenomenal theatrical performance exploring all forms of rotation. Boasting a stellar cast, including champion athletes, world class break dancers and renowned musicians, the production connects the street with the elite to deliver a radical urban circus! It showcases some of Australia’s best performers alongside celebrated international artists from UK, Europe & USA. 360 ALLSTARS is a revolutionary production that will leave you dizzy with excitement!

Thursday 4 April at 6.30pm
80 mins running time (no interval)
Adult: $30, Conc: $27, Child (15 & under): $15

Workshops - Four fantastic workshops available during School Holidays all to be held on Thursday 4 April at 1pm. FREE with purchase of show ticket or $15 alone. Bookings essential for both show and workshops, please contact WPAC Box Office to secure your place or visit our Box Office.

WORKSHOP 1:
Circus
aged 8+

WORKSHOP 2:
Breakdancing
aged 10+

WORKSHOP 3:
Basketball, Freestyling
aged 9+

WORKSHOP 4:
BMX Flatlanding
aged 10+

May you enjoy a happy, reflective and holy Easter time.

Newsletter enquiries can be emailed directly to the Publications & Promotions Officer: malcolm.webster@galen.vic.edu.au

Galen Catholic College
College Street, Wangaratta
PO Box 630 Wangaratta Vic 3676

Principal: Bernard Neal
Email: principal@galen.vic.edu.au
Phone: 03 5721 6322
Web: www.galen.vic.edu.au
REDfest

Sunday, April 14

Noon to 5pm
Willow Park, Wodonga

• Live bands
• RAAF Roulettes aerial display
• BMX and scooter demonstrations
• Horizontal bungee jumping
• Make-over marquee
• Fashion parades
• Market and food stalls

Bands:
• Kingswood
• The Delusion
• Lars and The Prussians
• The Hounds Homebound

For more information, phone (02) 6022 9300 or visit wodonga.vic.gov.au/redfest2013

This is an all ages (nine plus), smoke, drug and alcohol-free event. No helmet, no skate/ride.

Government partners:

Supporting sponsor:

Scan QR-Code with your smart phone to find out more.

Like us
facebook.com/wodongayouthservices