**Italian Camp**

We headed off Wednesday 17th September, for three spectacular days. We started the camp with a treasure hunt in which we integrated with other schools around the area and made some new friends. We enjoyed participating in a variety of cultural activities such as singing, cooking, dancing and acting. The food was 'buonissimo' with pizza, lasagna, bruschette e tiramisu. Through being in the midst of many Italian assistants we have enriched our skills in the Italian language and culture. The evenings were full of excitement with excellent performances in the ‘Facce Rosse’ which were performed by us. The following night we enjoyed a hysterical traditional Italian play, (Commedia dell’arte) ‘Venice in Love’ performed by the Melbourne Company ‘Make a Scene’. During our spare time we learnt many new Italian card games and played bocce. We put our creative skills to work designing our banners that highlighted all that we did and learnt on the camp. The camp was unforgettable and something that all Galen students studying Italian should take the opportunity to participate in.  

Written by Bedelia Flanagan

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**Yr 7 Reader’s Cup**

Wednesday morning, 15th Oct, during extended homeroom the Junior School was treated to a wonderful variety of book trailers that formed the 2014 Year 7 Reader’s Cup. The competition was of high quality and the judges were hard pressed to determine the eventual winners. Every homeroom had an entry and the common themes were war books and classics. All the students were very engaged with the task at hand, which was stimulated in part by the wonderful book trailers ‘Year 8 presented to the Junior School earlier in Term 3.

The judging panel, also of high quality, consisted of Julie Nolan, Lauren Lee and Shaun Mason. The competition was tied with 7.2 and 7.8 being joint winners with their interpretations of Wizard of Oz and Boy in Striped Pajama's respectively. 7.9 was close on their heels with The Hunger Games. Mr. Mason on presenting the cup to 7.2 and 7.8 commented on the well constructed trailers and most particularly the understanding of the chosen books, as well as the group involvement shown. All the participants were treated to the traditional pizza luncheon as a reward for their hard work and efforts. 

Written by Mrs Froude
Dear Parents and Guardians,

Welcome to Term 4

I often find myself in a sense of peace and a good frame of mind as Term 4 begins. There is a sense of completing things as we move rapidly towards the Advent and Christmas season, a time of waiting with great anticipation. Despite the busy nature of Term 4, I hope you all are able to find your own peace at this time of the year. For many families this may be the end of child’s time at school, a very important stage for you and your family. Whatever stage of involvement your family might be at with our college please make sure you ask for what you need of the homeroom teachers and broader staff at the college.

Staff moving on…

I would like to formally announce that Mr Paul Carson has accepted a teaching position at Cathedral College. Whilst this is a great move for Paul it is indeed a loss for our college. Over his 17 years at the college Paul has not only taught Maths and Science, but also coordinated at different year levels and held the position of Senior Mini School Director. He will definitely be an asset to his new school community. We look forward to farewell Paul later in the year.

The Successful EDUCARE Award Winner - Mrs Wendy Chuck

Mrs Wendy Chuck has been recognised for a very significant award that reflects her commitment, expertise and passion to collaborate with others and make a real difference in the lives of students as they journey through Galen Catholic College. This is a Sandhurst Diocesan award, and the nomination process, coordinated by Mr Pat Arcuri, required a range of staff and students to support the innovation and professional excellence of Wendy. Her ability to engage with and lead students and staff is exceptional.

Well done Wendy!

Mental Health Week

Last week the ABC focused on the importance of Mental Health and explored different situations of mental illness through a series of stories, fundraisers, documentaries and comedy shows, called ‘Mental As.’ After watching quite a few of the shows offered I have some thoughts to share…

Take responsibility for your own mental health:

• Knowing yourself; what keeps you well and what contributes to mental ill health
• Choose someone that you can confide in and agree upon a plan of action when early warning signs are present.

Sometimes just asking one another, ‘How are you travelling?’ can be the start for the other person to choose you to confide in when needed.

A recent tweet from Pope Francis seems to capture the same message:

“There is the tendency to place ourselves and our ambitions at the center of our lives. This is very human, but it is not Christian.”

Take care,

Gerard Sullivan
Acting Principal (for Term 4 2014)
Congratulations to the students who participated in Grand Finals over the break. Many students experienced success both as Premiers and Runners-up. Term four began for Year 12 VCE students with Practice English and Further Maths exams in the holidays. Additionally these students sat their Practice exams for their other subjects on the first three days of term. The majority of students were well prepared for the exams and it proved to be a valuable learning experience for those who participated in them. Unit 3/4 students are encouraged to re-read their Exam Navigator Booklets thoroughly in preparation for the final exams and to communicate with teachers if there are any concerns. Persistent and focused application in the lead up to final exams is guaranteed to improve overall performance. Oral and Performance exams for some students have already commenced.

On day one, Year 11 students listened to Anthony, a speaker from Spinchat (the spinal injury organisation) tell his story about his injury and the challenges he has faced on the road to overcoming this major setback. It was an inspirational presentation.

Traditionally Year 11 students doing a Unit 3/4 exam have taken a study day the day before their exam. Students in this category need to see Mr. Grogan to discuss arrangements for this. Once this is organized they need to communicate the time they will miss with their subject teachers.

Parents are warmly invited to attend the Year 12 Final Assembly at Galen Catholic College to celebrate the culmination of your child’s education:

- **Tuesday 21st October**
- **9am for a 9.10 Start**
- **Sports Stadium (Galen College)**

The proceedings should be finished by 10.45am. A light luncheon will be served in the Auditorium afterwards.

Tickets for the Graduation Evening 7.30pm, 20th November at the WPAC will go on sale shortly.

Congratulations to Aaron Taylor and Olivia Storer on being the Co-Captains of the College for 2015. They will be wonderful ambassadors and strong leaders for Galen College. Congratulations are also extended to the following students who will be Year 12 student leaders in 2015: Blake Nixon, Harry Clarebrough, Luke Whitten, Nathan Schmidt, Amy Cook, Hayley Stibilj, Bec Morris, Montana Eisenhauer. We are looking forward to working closely together as a team.

**Important dates for Year 11**
- Year 11 SWOT VAC: Nov 13
- Year 11 Exams: Nov 14 – 20
- Year 11 Final Day: Nov 28

**Important dates for Year 12**
- Arts/Technology Exhibition: Tuesday Oct 14 – Friday Oct 17
- Year 12 Last day: Tuesday Oct 21
- Year 12 Unit 4 Written Exams begin: Wednesday Oct 29
- Year 12 Graduation Evening: Thursday Nov 20

Welcome back to everyone for the final term of the year. It is important students finish off the term as best as they can in preparation for next year. There is only 8 weeks for Year 9s to go and Year 10s start their exams in 5 weeks.

In short:
Well done to Thomas McDonald who is now the Australian Under 17 Individual Time Trial Champion.

Well done to Maddi Talarico who has been selected by the Victorian Government to travel to Gallipoli (Turkey) to attend the ANZAC Day Service in 2015.

**Term 4 Important Dates**
- Oct 15/16 Yr 9 Discovery walks 9.5
- Oct 20/21 Yr 9 Discovery walks 9.6
- Oct 22 Yr 10 LOTE excursion to Melb
- Oct 23/24 Yr 9 Discovery walk 9.7
- Oct 27/28 Yr 10 Ed Canoe trip 1
- Oct 30/31 Yr 10 Ed Canoe trip 2
- Nov 3 Student Free Day
- Nov 4 Melb Cup
- Nov 6/7 Yr 10 Ed Canoe trip 3
- Nov 18-20 Yr 10 Exams
- Nov 21 Report Writing Day
- Nov 27 Yr 9 Discovery Night of Notables
- Nov 28 Yr 9/10 Mass. Yr 10’s Finish
- Dec 1-3 Yr 9.1 & 9.4 Adventure Camp
- Dec 3-5 Yr 9.2 & 9.3 Adventure Camp

At the September Galen Parents’ Association meeting a new president and vice president was elected. Much thanks to Elizabeth Jolly and Julie James for taking on these roles.

Next years Debutante Balls for the Year 11s, the new interview booking system, and the possibility of installing more shade for the senior students was discussed. In October there will be a report from the Uniform Shop and an update about whether future parents meetings can be held at the Soul Food Cafe. We are looking forward to seeing as many parents as possible at our next meeting on **Tuesday Nov 18th, 6:30pm at the Galen Staff Room**.

The Galen Parents’ Association is also currently seeking a Board Liaison member. Expressions of interest for this position can be emailed to PA to the Principal, Tess Barnard: tess.barnard@galen.vic.edu.au
After beating Catholic College Wodonga in Term 1, Galen played Wodonga Secondary College in round 2 of the Twenty 20 cricket competition. Wodonga batted first and were restricted to 87 runs off their 20 overs. Best bowlers for Galen were Nick Richards with 5 wickets and Matt Wilson and Daniel Witham 2 each. In reply, Galen got a good start from Lachie Hourigan (35) and Nick Richards (16) before captain Jack Ryan came to the wicket and smashed 68 not out. Galen won 4/161 to Wodonga 87.

In the regional semi-final, Galen played Wangaratta High School. The High School batted first and compiled 4/145. Daniel Witham was Galen’s best bowler with 3 wickets. Joe Richards took 1 wicket and Angus Burnett took 2 great catches. Chasing this total, Galen got off to a bright start with Lachie Hourigan making 21 and Nick Richards 35. When Jack Ryan was run out for 24, Galen’s run rate was slowed and finished at 7/114 after their overs.

Congratulations to the Year 7 and 8 boys who played in the Super 8 Cricket Competition on Wed 8th October at the Barr Reserve. Galen entered two teams at both year levels, such is the depth of talent in the junior school.

Mr Anson’s two Year 7 teams had a fantastic day, with the two teams facing off each other in the final. The A team won in a tight contest, with Best on Ground players including Allessandro Belci and Jack Andison. Special mentions must also go to Louis Gorman and Angus Heslin who also played very well. The A Team have qualified to play in the Twenty-20 comp on Mon 27th October and we wish them all the best.

Mr Beattie’s two Year 8 teams also had a great day, with the A team making the final against Wangaratta High School. In a hotly contested match, Joe McMillan hit 8 off the last ball to win the final by 1 run. Well done to Oliver Willett who was voted Best on Ground. The A Team have qualified to play in the Twenty-20 comp on Tues 28th October and we wish them all the best.

Well done to all students who competed for their outstanding sportsmanship and attitude on the day. Thanks to Mr Anson and Mr Beattie for their work in selecting and training the teams.

The Year 8 Team played in the Super 8 Competition on Wed 8th October in Wangaratta. The team consisted of Sarah Ashton, Dani French, Grace Bishop, Georgia Mahoney, Bridie Nixon, Paige Cooper, Anna Walls, Grace McIntyre, Lauren Torpey, and Ella McCarthy.

The girls played Frayne College in our first game and won convincingly with a score of 107 to 43. Our girls bowled particularly well and found it difficult to score well with the bat due to a lot of wides and grubbers but came away with a good win. Ella McCarthy finished her bowling spell sitting on a chance of a hat trick with her next innings in the next game. The girls played Felltimber and Ella was unlucky not to get her hat trick (first ball was a run out (not awarded to the bowler) followed by another wicket with her 2nd ball). Bridie Nixon also had the pressure of bowling for a hat trick but also missed out. Our accurate bowling got us over the line in this game – with 47 runs compared to 56 it was the bonus points for wickets (9 for our girls, equating to 45 runs) that got us home comfortably (Felltimber took 1 wicket only).

After good wins in the Rounds, Galen secured a spot in the Grand Final against Wangaratta High. The High School team proved too strong with great skill with the bat and ball. We went down with a gallant fight 118 to 65. All the girls played with great team spirit and camaraderie. Many thanks to Carolyn Trethowan who selected and coached the girls on the day.
Congratulations to all students who competed in the School Sport Victoria State Athletic Championships in Melbourne on 10th October.

Ned Penny (Year 9) had a fantastic day, winning both the 400m and 800 events and setting a new record in the 400m of 52.71 sec. Well done Ned! Other winners on the day included Fergus Samon (1500m), Adam Enever (High Jump), Kyle Woods (110m hurdles and 400m), the 14 year old boys relay team of Oliver Willett, Macauley Murtagh, Cameron Nolan and Lachlan Moore and also the 20 year old boys relay team of Ryan Clohessy, Murray Waite, Kyle Woods and Josh Ismale.

Galen also had a number of students who placed 2nd and 3rd in their events, also a fantastic achievement. These students included Grace McIntyre, Murray Waite, Ryan Clohessy, Alex Patton, Mikaela Trethowan, Cameron Nolan and Tim Wilson.

First place getters on the day have qualified to compete at the State Championships on Friday 17th October – we wish them well! Thanks to Noel Boyd, Tess Rowland and Cody Schutt who managed the team on the day.

Fr Rob Galea and the Sandhurst Youth Ministry Team worked with our Year 9 level last Friday in the Auditorium. They were promoting the STRONGER youth rallies that provide a chance for students and young adults to get together from different schools and towns in the diocese. There is music, games, discussion, prayer and a BBQ meal is provided. The rally is Friday 17th October in Yarrawonga at Sacred Heart College. Mr. Arcuri will be taking a bus of students along to the event.
On the 7th of August, some 116 students from Galen College sat the Australian Maths Competition. The Australian Maths Competition contains 25 multiple-choice problems and five questions requiring a number answer. The problems are very easy at the start of the paper and become progressively more difficult until the end when they are challenging to the most gifted student. Students of all standards will find a point of challenge. The AMC has run every year since 1978 and is a significant international event. The AMC gives students external recognition of their achievements: all students receive a certificate showing their level of achievement and a detailed report showing how they performed on each problem with comparative statistics.

I would like to firstly, congratulate all students who participated and secondly, recognise some of the outstanding achievements of individual students. Of particular note, well done to Aidan Howard and Ashlee Si who achieved a High Distinction at Year 10. Across the college we had 2 High Distinction Awards, 4 Distinction Awards and 29 Credit Awards. Congratulations to all.

Written by Peter Watson - Maths Domain Co-ordinator

Below are the students at each year level who achieved a Credit or better.

**Year 7**
Nathan Chadban- Distinction
Harry Ledingham- Distinction
Alexander McQuade- Credit
Partick Hourigan- Credit
Rutvik Chaudhary- Credit
Sophie Nolan- Credit
Emma Walton- Credit
Gabe Watson- Credit
Jordan Eyers- Credit
Ellie Laffy- Credit

**Year 8**
Alexander Little- Credit
Oliver Willett- Credit
Amy Twyford- Credit
Harrison Campbell- Credit
Juliette Howard- Credit
Josh O’Donohue- Credit

**Year 9**
Oliver Biddulph- Credit
Rachel Kelly- Credit
Maddison Talarico- Credit

**Year 10**
Aidan Howard- High Distinction
Ashlee Si- High Distinction
Ian Christy- Distinction
Joshua Hawke- Credit
Jack Ledingham- Credit
Benjamin Lyons- Credit
Gabriel Marinelli- Credit

**Year 11**
Aaron Taylor- Distinction
Jack Allan- Credit
Ryley Pasquali- Credit

**Year 12**
Monique Semmens- Credit
Matthew Spence- Credit
Angus Butler- Credit
Robert Speziale- Credit
Demi Shale- Credit
ATEL in partnership with North East Health Wangaratta are offering the following opportunities in what is today’s strongest growing employment industries. If you would like to work at one of North East Victoria’s biggest employers then we have the following exciting opportunities on offer.

These positions are all School-Based Traineeships so you must be undertaking Year 10 or Year 11 studies in 2015 to be eligible to apply. Successful completion of these school-based Traineeships will see students gain a Certificate II or Certificate III in an Industry that has secure employment opportunities and can offer greater career, study and employment options at completion of school.

Students also get paid while they are working towards a qualification and the school-base placement can give extra ATAR points if the student is undertaking VCE. Students also have the opportunity to complete their secondary school education (being VCE or VCAL) and a Nationally Recognised Certificate II or III.

ATEL works closely with your school to allow students to undertake 1 day per week practical training (whilst minimising any disruption to the students’ time table).

**Certificate II – Health Support Services – Job No. 14BW1024**

We currently have a number of positions in Health Support Services. Within the Business Administration sector you will have the opportunity to work between Medical Imaging, front reception/mail room, the Education, Research unit and outpatients. Also available are traineeships in Supply & Logistics, Maintenance and Hospitality areas. These positions are ‘non-clinical’ so will not involve direct contact with clients.

**Certificate III in Dental Assisting – Job No. 14BW1025**

This position would require you to complete 1 day a week to assist a dentist, dental hygienist or dental therapist during all health care procedures and help maintain high standards of infection control and to assist with practice administration.

**Certificate III in Aged Care – Job No. 14BW1028**

There are 3 positions currently available in Aged Care. These positions would require you to complete 1 day a week working as an Aged Care Assistant in residential facilities under direct or regular supervision where you would be required to carry out activities in order to maintain personal care for residents living within an aged care setting.

Successful applicants would be required to undertake a Police Check and provide immunisation records.

To apply for any of these positions, log onto:

www.atel.com.au

and apply to appropriate Job Number.

Applications should include a current resume and letter outlining how you believe you meet the requirements of the role.

Enquiries regarding this position are welcome and can be directed to Jenene of ATEL’s Wangaratta office on (03) 5720 0100
Arts News

Year 8 Illustration & Cartooning students recently had the privilege of workshopping with Beechworth based cartoonist, Adrian Osbourne. Year 8 student Baylee Holland is pictured above with a quick caricature Adrian drew to conclude his session with the students.

On Tuesday 14th October, the annual Galen Arts & Technology Exhibition was officially opened by past Galen student, Mary Harmer. A report about the exhibition will be included in the next edition of Reflections.

CSU-GOTAFE Open Day in Wangaratta

The new CSU-GOTAFE facility in at 218 Tone Rd Wangaratta has just been completed and will host an Open Day for the public on Tuesday 21st October 2014 from 2pm-6pm.

GOTAFE and CSU academic staff will also be in attendance on the day to provide course information regarding the new joint Bachelor of Veterinary Technology and Certificate IV In Veterinary Nursing, for which applications are now open.

The Veterinary Technology joint course provides a career pathway for students who enjoy working with people and animals.

Students develop the technical and practical skills to work as a veterinary technologist with various animals in a range of animal care settings and industries, using flexible modes of study including online resources and face-to-face lectures and practicals.

The course also provides experienced, qualified veterinary nurses the opportunity to take the next step in their career, building on their current knowledge and skills as well as choosing from a range of specialisations including Practice Management, Large Animal Technology and Clinical Technology.

Staff from GOTAFE will also be available at the Open day to discuss education and training opportunities across a range of other courses including Amenity and Production Horticulture, Conservation and Land Management, Viticulture and Wine, Animal Care, and Equine.

Staff from CSU will also be available at the Open Day to discuss courses available via Wangaratta, in Agricultural Business Management, Agriculture, Horticulture, Wine Business, Nursing, Education (Birth to Five years); plus other University courses at CSU.

Who’s Who at Galen

Leadership Team
- Bernard Neal: Principal (presently on leave)
- Gerard Sullivan: Acting Principal (for Term 4 - 2014)
- Patrick Arcuri: Deputy Principal—Staff & Students
- Shaun Mason: Deputy Principal – Teaching & Learning
- Jim Samon: Acting Deputy Principal – Catholic Identity
- Dom Giannone: Business Manager
- Bern Albertson: Professional Development Co-ordinator
- Anthony Batters: Daily Organiser
- Mick Grogan: Senior School Director
- Rob Walker: Middle School Director
- Lauren Lee: Junior School Director

The best way to contact Galen staff members direct is by email. All staff have email addresses which follow the formula: firstname.surname@galen.vic.edu.au

Members of the Board and Parents Association can be contacted via the office on 035721 6322 or email: admin-enquiry@galen.vic.edu.au

School Board
- Father Mike Pullar: Parish Priest
- Mark Williams: Board Chair
- Bernard Neal: Principal
- Phil Bretherton: CEO Representative
- Patrick Arcuri: DP - Staff Representative
- Anthony Batters: Staff Representative
- Suellen Loki: Parent
- Liz Nelson: Parent

Parents Association Executive
- President: Elizabeth Jolly
- Vice President: Julie James
- Karyn Howard: Secretary
- Karen Archer: Treasurer

CSU-GOTAFE

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