Students walk for Social Justice

More than 450 year 7 and 8 students and teachers at Galen Catholic College participated in the annual Caritas Ks event, this year taking a new slant under the guidance of Social Justice Coordinator, Mrs Skye Hunter. The ‘Walk for Water’ is a unique event held at Galen, designed to provide students with an opportunity to be more and be a voice for the poorest people in our world.

Students are encouraged to think about the challenges that the poor and disadvantaged people have to face every day, just to collect water to survive; not to brush their teeth, wash their cars or swim and play in it like we do here in Wangaratta.

Homeroom groups walked together as a ‘village’ carrying as much water as far a distance as possible, using containers of various size and structure, while taking on the physical characteristics and ailments of the people who walk for water for their own survival. The week-long relay event took place on the school grounds every period of every day in the last week of the term, from Monday 23rd March through to Thursday 26th March, while staff continue the ‘Walk for Water’ through the recess and lunch breaks.

If you would like to support the cause by sponsoring the students you can make an online donation to Caritas at:
http://my.caritasfundraising.org.au/galen_catholicCollege
Dear Parents and Guardians,

The Spirit of Easter
As we approach the term holidays, I encourage all families to reflect on the spiritual significance of the lead-up to Easter and of Easter itself. In our highly secularized world, the predominant thought of many when thinking of Easter is “holidays” but we don’t always stop to think why Easter is celebrated with two public holidays, one on Good Friday and one on Easter Monday, with Easter Sunday in between.

The obvious answer is the right one: we have holidays at Easter time because these are sacred days in the Christian calendar – indeed, they are the most sacred days in the year for Christians. The death and resurrection of Jesus is central to Catholic belief. It is through the resurrection that we become a people of hope in the new life that awaits us, the belief that we can be saved from ourselves and from our human weaknesses to share in the life that God promises us all, including those who are not born or committed Catholics or Christians of other denominations.

So, this Easter weekend, take the time to stop and think why it is that you are on holidays. Reflect back on the story of Jesus and what his life, death and resurrection have meant to the world for over 2,000 years.

Timor L’Este
As I write this piece for the newsletter there are 8 Galen students and 3 staff in Abafala in the mountains of Timor L’Este as part of our annual immersion program. The students and staff have been working in the new Marist primary school, living with the local community and learning about the work of those trying to help this tiny nation neighbor to Australia’s north.

This will be a life-changing experience for the Galen students, and for the staff as well for that matter. We are looking forward to hearing their stories when they return to school next term.

Shortly after the students return another group of 8 staff will accompany me to Abafala as part of a familiarisation exercise for future leaders of our student immersion trips. We, too, look forward to reporting back to the Galen school community upon our return.

Pupil free day May 5
Please note that Tuesday May 5 will be a pupil-free day as all Galen staff will be engaged in professional learning focused on school improvement, especially around the alignment of our values and our efforts/programs/operations. We will be sharing this day with the staff from FCJ College Benalla and Borinya Community Partnership, Wangaratta which will also be pupil-free for that day.

Staffing news
A number of staff will start periods of leave from the end of this term:
• Mrs Dannielle Bell and Mrs Gretta Porter start maternity leave from the end of this term
• Mrs Rachel Froude, Mr John McKenzie and Mr Peter Brien start long service leave of one term
• Mrs Dannielle Bell and Mrs Gretta Porter start maternity leave from the end of this term
• Ms Alicia Leonard starts 3 terms of leave

New appointments include:
• Mr Noel Boyd – replacing Mrs Jenny Cobain (personal leave)
• Mr Nigel Berenger – replacing Mr John McKenzie
• Ms Suzanne Nowara – replacing Mrs Gretta Porter
• Mr Andrew Sinclair – replacing Ms Alicia Leonard
• Mrs Melita Benedetti – replacing Mr Peter Brien

Enjoy the term holidays especially the extra time spent with your children. We look forward to receiving them back into our care on Monday April 13th.

Bernard Neal,  
Principal
Greetings from Timor Leste

Hello to you from tropical Baucau. The bugs and mozzies greet you as do we. We have enjoyed a fun filled and busy 6 days with lots of fun packed adventure. We have visited Abalfala and Maestro Jamie sends his warmest regards especially to Santiago, who was greatly missed. However Pedro has found another Pedro so all is right with the world.

The students have thoroughly enjoyed meeting the children at Abalfala and again today at Ponte Leste. They have been challenged out of their comfort zone with some positive results. They have finally settled on a song to share after months of debate including the bus trip to Baucau, and have settled on an inclusive little ditty namely the ever classic ‘Price Tag’. Will Nolan providing the appropriate grunts and sound effects goes down a treat.

We are enjoying lots of etu (rice – boiled), humidity and the ever humbling joy from the Timorese people. We are constantly welcomed and warmed by their welcoming spirit.

Sending love to you all,
Team Timor 2015

Hume Swimming Championships

Nine of Galen’s fastest swimmers attended the Hume Region swim meet in Wodonga on Tuesday 17th March. All nine qualified to race at state level in Melbourne in Term 2, which was a terrific result!

We had four individual swimmers win races on the day. Congratulations to Gabe Watson (50m Breaststroke), Bridget Cole (50m Butterfly, 50m Freestyle, 50m Backstroke) Phoebe Osborne (50m Freestyle), and Henry Lee (50m Backstroke).

The 16 year old girls medley and freestyle relay teams also won their events. Congratulations to team members Shayla Leavett-Brown, Phoebe Osborne, Bridget Cole and Lucy Lee. The 15 yr old boys freestyle team members, Jack Gerrish, Harrison McCarthy, Gabe Watson and Harry Skewes were also successful, winning their event by 20 seconds.

Thanks to all swimmers for their co-operation, exemplary behavior and willingness to participate. Thanks must also go to Fiona Harmer and Sarah Hynes for their help and assistance with managing the team on the day.
Reasons to relax with a book over the holiday break:

![Infographic](http://electricliterature.com/infographic-the-benefits-of-reading)

**Reading is good for you**

On average, readers have better:

- Physical Health
- Empathy
- Mental Health

Reading for as little as 6 minutes can:

- Reduce stress by 60%
- Slow heart beat
- Ease muscle tension
- Alter your state of mind

Reading reduces stress:

- 68% more than:
- Listening to music
- Drinking a cup of tea
- Going for a walk
- Playing a video game

Reading is good for others:

Readers are more likely to help non-profit organizations:

- Donating: 66% for readers, 82% for non-readers
- Volunteering: 25% for readers, 42% for non-readers


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**Year 8 English**

The following poem was written by Katherine Jolly (8/7) in response to a film study for Year 8 English. The film explored the themes of individuality, conformity, and community.

**The Individual**

Be different,
Be unique,
Be brilliant,
Don’t be afraid to speak.
You are significant,
You are not meek.

For your distinctiveness
Is your best quality,
The restrictiveness
Shall not define your personality,
And permissiveness
Is the mother of originality.

Be eccentric,
Be peculiar,
Be authentic,
Be a pioneer,
Be rhetoric,
And heck, be your own ruler.

---

**Senior School News**

Mick Grogan - Senior School Director

Congratulations to Alex Rowland who along with his horse Sandy won the silver medal on the 4th of March at the Under 20 Victorian Championships for the Dressage event and managed to place 8th for the Show Jumping.

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**ANYONE FOR BASEBALL??**

**FREE SCHOOL HOLIDAY FUN!!**

The Wangaratta Baseball Softball Sports Club will be teaching baseball to **boys and girls aged 13 and above** each Wednesday of the school holidays.

**Wednesday 1st & 8th April starting at 1pm.**

at the baseball grounds, Murdoch Road, Wangaratta.

For more information, please phone 5721 3315 or 0427 195 456
Super 8 Cricket
Yr 7 & 8 Boys and Girls

On Friday the 13th of March, two Year 7 girls and boys teams, and two Year 8 girls and boys teams competed in the local Super 8 cricket completion at the Barr Reserve and Rovers Ground. The day was run by Cricket Victoria, and teams consisted of 10 players, with any 8 allowed on the field at one time. All teams played well on the day and displayed great sportsmanship and skill with the Galen B (Yr 7 girls), Galen A (Yr 8 girls) winning and the Galen A (Yr 7 Boys) coming Runners Up. These boys team will play at the next round in Wangaratta on the 27th October, and the girls team will also play in Wangaratta on the 29th October, 2015. Well done to all students who competed for their outstanding sportsmanship and attitude on the day. Thanks to Mr Anson, Mr Beattie, Mrs Nixon, Mrs Nolan and Ben Talarico for their work in selecting, training, scoring and umpiring their teams.

Win $1000 for your school

The Border Mail would like to give students the opportunity to see what is required to design an advert for a local business.

Benefits for your school:
• Each school will have an opportunity to have one student’s design published in the special finalist lift-out that will appear in The Border Mail.
• Opportunity for your school to win $1000
• Opportunity for students to win money.
• Branding opportunity for schools.
• Greater community engagement for the students to interact with local businesses.
• Encouraging student’s creativity.

This is open to all schools and all students in year 5 to year 12.

Prizes for the overall winners

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The winning advert from each school will be published in a Special colour lift out that will appear in The Border Mail.

All teachers supervising the project will go into the draw to win an iPad.

If you’d like more information about this great opportunity for your students please ring Debbie Mosbey on 02 60 240 507 now for further information.

Yr 9 /10 Boys Cricket

In the first round of the Year 9 and 10 boys cricket, Galen played Cathedral College in a Twenty/20 game at Wareena Park. Galen won the toss and sent Catedral in to bat. At the end of their 20 overs Cathedral were 4/93. Accurate bowling from Nick Stewart, Riley Petts, Fletcher Ramage, Josh O’Donohue and Will Creed kept the score under control. Galen fielded well with Lauchie Hourigan taking a brilliant catch. Riley Petts was the most successful bowler with 2/21. For Galen, Oliver Willett top scored with 30 runs while Will Creed made 20 not out and Frazer Judd18 not out. Galen passed Cathedral’s total with 2 overs to spare and now progress to play Catholic College Wodonga in Term 4.

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Year 9 & 10 Girls Super 8 Cricket

Friday the 13th proved to be very lucky for the Year 9 and 10 girls Super 8 Cricket team. The girls played three games winning all of them, earning them a spot in the play off for 1st and 2nd place. In our first game against Cathedral College we won the toss and elected to field. Chasing down a score of 94 Galen girls stepped up and as a team made 146 runs taking home the win. Our second game was a very similar game, Galen coming away with the win again defeating Catholic College by 87 runs. In the third match of the day Galen managed to pull a huge score of 200 runs against Marion’s 55. The girls were able to contain their nerves going into the Grand Final to bring home the win by 143 runs. Best players for the day goes to Ellie Hourigan and Bianca Mulqueen, Ellie dominating the bowling with a 4 wicket maiden in one game and Bianca blitzing the batting department scoring a massive 38 runs off an over. The girls are looking forward to the next level in Shepparton.
Upper Hume Intermediate Boys/Girls Volleyball

Congratulations to the Year 9/10 boys and girls volleyball teams who played in the Upper Hume comp at the Barr Reserve on Thursday 19th March.

All of the boys had their heads in the game the whole day and it really paid off. They started with a 2 set win over Wang High and did not look back. They won against Huon next, displaying an improvement on their serves. Their third game, which was a final against Pool B, saw them win the best of 5 in 3 quick sets. They really showed off their skills in this game and the camaraderie between the boys was something to be proud of. The boys will advance to the next level, to be held on the 5th of May in Wodonga.

Unfortunately the girls were not as successful, but did not stop smiling the whole time. They lost their first game in 2 sets but did not let that get them down. They then got it together, had faith in themselves and won the second game with ease.

In their third and final game, the girls came up against Huon. In the second set, they gave them a run for their money and Mikaela Trethowan’s serve was impressive. The girls then cheered the boys to victory in their final.

Many thanks to Tom Anson, Ashlee Burke and Ben Talarico who coached the teams, umpired and conveyed on the day. Also, to the students for scoring, being helpful and a pleasure to take.

Years 9/10 and Senior Upper Hume Tennis

On Thursday, 19th March, the Years 9/10 and Senior Upper Hume Tennis Competition was held at the Wangaratta Hardcourts.


Well done to all players for enjoying the day and conducting themselves in a professional manner.

Many thanks to Stephen Rossicka who managing the teams on the day.
During the first Term students in Years 9, 10, 11 & 12 have had numerous learning experiences in the outdoors.

Year 11 & 12 Outdoor and Environmental Studies students participated in a three-day marine discovery at Phillip Island. During the camp they experienced coastal activities such as snorkelling, surfing and attended VCE lectures associated with their Unit 1 or 3 Studies. It was a great opportunity for students to learn more about coastal environments and the issues involved in the management of these natural areas.

Year 10 Outdoor education Elective students have been participating in activities along our local waterways. These studies culminated in a day’s windsurfing at the Yarrawonga Yacht Club and an overnight canoe tour near the junction of the Ovens and Murray Rivers. Experienced sailors such as Kate Reader, Jesse Martin and international guest Sophia Russo – our Italian Language Assistant, displayed their talent to the other participants. The canoe tours highlighted the natural ecology of the area and indigenous use of the waterways. Cooking on an open fire was also a highlight. Jesse Levesque proved to be the Master Chef for the carnivores in his group.

Year 9 Discovery Homerooms all made the trip up to the Bogong High Plains for an introductory bushwalk and lessons on alpine ecology. Stormy nights set the scene for camping near Cope Hut. Junior School Officers, Sarah Hynes and Jayden Burt, did their best to scare the hell out of campers with ghost stories about the mysterious Mister Marsh – a former Galen teacher who allegedly lead students to their demise in the misty surrounds of the very hut we were at!
WANGARATTA CATHOLIC PARISHES
EASTER CEREMONIES TIMETABLE 2015

WANGARATTA - ST PATRICK’S

HOLY THURSDAY  2 APRIL  6.00PM EVENING MASS OF THE LORD’S SUPPER

GOOD FRIDAY  3 APRIL  11.00AM STATIONS OF THE CROSS
                  3.00PM PASSION OF THE LORD

SATURDAY  4 APRIL  7.30PM - VIGIL MASS

SUNDAY  5 APRIL  8.00AM MASS
                  10.30AM MASS

WANGARATTA - OUR LADY’S

HOLY THURSDAY  2 APRIL  7.00PM EVENING MASS OF THE LORD’S SUPPER

GOOD FRIDAY  3 APRIL  9.30AM - STATIONS - MITCHELL AVE
                  3.00PM - PASSION OF OUR LORD

HOLY SATURDAY  4 APRIL  6.30PM – VIGIL MASS

EASTER SUNDAY  5 APRIL  9.00AM MASS

MOYHU – HOLY CROSS

HOLY SATURDAY  4 APRIL  7.00PM - VIGIL MASS

WHITFIELD - ST JOSEPH’S

SUNDAY  5 APRIL  10.00AM
Galen Catholic College
2015 PRODUCTION

Grease

Book, Music and Lyrics By
JIM JACOBS and WARREN CASEY
BY ARRANGEMENT WITH ORiGiN™ THEATRICAL
www.origintheatrical.com.au

April 30, May 1
& May 2
at 7.30pm

Matinee:
Sat May 2 at 1.30pm

TICKETS AVAILABLE FROM
WANGARATTA PERFORMING ARTS CENTRE
In person or by phone (10am - 4pm Mon to Fri)
Or online: www.wangarattapac.com.au
Galen Catholic College would like to announce the following important dates in regard to enrolments for students going into Year 7 in 2016.

Applications will be available/open for submission from April 13th 2015. Applications can be collected from:
- Catholic Primary Schools
- Galen Catholic College office
- or downloaded from: www.galen.vic.edu.au

Applications are due on the 8th May and should be submitted to Galen Catholic College

Parent Information Night
At Galen’s Max Fletcher Auditorium - 29th April 2015 - 7.00pm

School Tours
School tours commence at 9.15am and 1.50pm on the following dates:
- April 30th, May 1st, 4th & 6th. May 6th evening tour at 5.00pm

Please pre book your tour online prior to the information night by going to www.schoolinterviews.com.au
Login Code: RMTJ2
You can also book a tour through the front office

Please contact the office for more information regarding enrolments and tours.

Phone: 03 5721 6322
Email: enrolments@galen.vic.edu.au
www.galen.vic.edu.au

Galen 2016 Enrolments

WOULD YOU LIKE TO BE A HOST FAMILY?

Galen is looking for generous families willing to host a student from overseas.
In the past Galen families have hosted students from European countries such as Italy, France, Germany and Holland. Last year we also hosted two students from Indonesia. These exchanges will usually occur during term three and will last for 6 to 8 weeks.
If you are interested in being a host family or simply want to participate in an exchange program overseas, please contact Mr Franco Cudini at Galen.
franco.cudini@galen.vic.edu.au

May you enjoy a happy, reflective and holy Easter time.

Athletics Carnival
2015
Thursday April 16